

Pastor's A to Zs

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A few weeks ago I was challenged to make an A to Z list of things I love and am grateful for. As I look around Alpine, there is SO MUCH that I'm so very thankful for! So, in the spirit of Thanksgiving, here is my non-exhaustive list, of what I love about Alpine:

Administrative Professionals (like Lynn!), Altar Guild Volunteers, Alpine Academy, Adult Forums, AlpineFest, Beautiful Banners, Bible Studies, Choirs, Church Council, Confirmation Students & Mentors, Custodian (Tim), & Coffee Hour, Children's Church, Dancing Babies (who doesn't like Dancing Babies?), Decorations, Easter (Jesus Has Risen!), Food, Foundation, all our Finance Folk, Fun, Flowers, GOD, Godparents & Grandparents, Hospitality committee, Homebound members & those who visit them, Instruments, Inclusion, Jesus!, Kids, Knit Crotchet & Pray Gatherings, volunteer coordinators (like Laurel), Lots of Love, Pastor Lucy (I can still consider her part of Alpine right?), Mission, Mosaic, Money Counters, Musicians, Memorials, Neighbors, Noise (I'm glad it's not very quiet around here!), the church Office, Outreach People (Like Scott Dabson), Praise Band, Property People Who Care for our Building, Paraments, Principals (like Bob McVinnie), Partners in Ministry, Quilters, Questions, Richard our Music Director, Rivalries (Go Bears!), Rejoicing Spirit's Worship, Soup Suppers, Sound Board guys, Stewardship Team, Social Ministry Team, Teachers, Troop 57, Ushers, Volunteers – SO many Volunteers!, Worship in The Park, WorkCamp (Thank You John Linde), Stained Glass Windows, All those who go the eXtra mile!, Youth, **Z**... I can't come up with a Z... help me out?!

Remember – gratitude is one of the best medicines against all those negative feelings like fear, worry, anger, distain, bitterness & unforgiveness – so if you haven't done it yet, take a few minutes and make your own A to Z list – about your spouse, about your job, about your life. It will make you feel good!

Grateful for you all, Pastor Dan

BY THE NUMBERS

Attendance 11/03/19

42 + 72 114 Attendance 11/10/19

Required total receipts weekly......\$8,213.71

Gen Fund 11/03/19 Forward in Faith Surplus/Deficit

-\$571.71 53rd/54th Week

\$6,197.00

\$1,445.00

Surplus/Deficit \$3,140.00

Forward in Faith

Gen Fund 11/10/19 \$4,859.00 \$985.00 -\$2,369.71

Surplus/Deficit YTD...... - \$11,257.51 (9/30/19)

*Please note that year to date totals include several pre-payments of annual pledges.



Pray for Alpine members:

Pat Anderson, Rick Bried, Cindy Bulthaus, Pat Christiansen, Scott Christiansen, Scott Dabson, Ernest & Mary DeNale, Doris Fransen, Chuck & Janet Gentry, Marybeth Gillette, Rich & Jan Hill, Gary Hunt, Peggy Lillegaard, Ed Lorenzen, Richard Lovitt, Jack & Norma Lucas, Marguerite Lusth, Valerie Miller, Marian Olson, Ron Pauly, Marge Pearson, Donna Steele, JR Stropes, Melissa (Bukowski) Stucky & Family and Darold Walker.

Pray for our friends and family of Alpine:

Sally Atkinson, Tim Babcock, Kim Braun, Linda Carter, Linda Conness, Linda Fry, Jerome Gill, Daniel Hendrickson, Kathleen Lovins, Todd McDonald, Sharon Mund, Carol Nelsen, Judy Osiwalla, Aileen Petersen, David Rawls, Felicia Rawls, Tom Rogers, Sharon Schnier, Bob Schult, Jeremy Sturges, Elizabeth Tankersley, Don Tennant, Penny Wendling, Sharon Wrye and Karen & Delaney Younglove.

All In the Family

Birthday thanks came in from **Violet Peterson**. **Peyton Hanson** would like to thank the congregation & Christian Ed/Youth for her new Bible. It means a lot to her, she loves it. Jeanne Tengren wishes to thank everyone for the kindness and expressions of sympathy after her grand daughter's death.

Worship Schedule : <u>Sunday Worship</u> service times are 8 & 10:00 AM . Children's Church will continue to meet during the 10:00 AM service. Every 2 nd Thursday, <u>Rejoicing Spirits Worship</u> at 6 PM . A ser- vice for those with developmental disabilities, their families, caregivers, and others. Every 2 nd Saturday, <u>Family Worship</u> at 4:30 PM . A service in our gym with family activities following. Bible Studies :	Praying weekly for Alpine's membership has had a very positive effect on our church! We have had many positive and thankful responses from those we have been praying for. The benefits are so great that we have decided to make this an on- going part of Alpine's church life. Some comments we've received are "power of prayer - it works!", "just what we need- ed", and loads of thanks! Even though we are praying for a few families each week, please call Pastor Dan whenever the need arises for extra prayers you may have.
 Tuesday Men's Breakfast Bible Study at 6:45 am at Sunrise Restaurant on Stowmarket Wednesday Morning Bible Study at 10 AM, Conference Room 	Together we worship, together we pray, together we love. Here are the members for the next few weeks.
Adult Forums: Meets between services on the 1 st Sunday of every month. A light breakfast will be served. Doesn't meet during Summer.	November 24th— Robert, Jaron & Jennifer Sproule; Gyla Tomlinson; Gregory Wernick & Christine Morel; and Mike & Chase Valentine, Alyssa Kreigbaum.
To reach Pastor Dan after office hours , you may call 815- 399-5487. Please leave a message and he will respond as soon as possible.	December 1st— Jan Peden; Marian Olson; Ron & Jean Johnson; and Nick, Katie, Trent & Shaun Elder.



Thursday, November 21st—Church Council, 7 PM Tuesday, November 26th—Thanksgiving Worship with Alpine Academy, 11:15 AM Tuesday, November 26th—Thanksgiving Meal with Academy, 12 PM Wednesday, November 27th—Thanksgiving Worship with Shepherd of the Valley at Alpine, 7 PM Sunday, December 1st—1st Sunday in Advent Sunday, December 1st—Confirmation followed by Pizza Party, 4PM

The **2020 pledge cards** have been sent out and were dedicated on **Sunday**, **November 10th** at our worship services. If you were unable to attend that Sunday, you may mail them or drop them off in the church office. Make sure to put your name and envelope number on the card. As we gather these financial pledges we are able to begin the process of planning finances for 2020. Please prayerfully consider your giving to Alpine. We thank you for your support of Alpine both financially and spiritually. (Finance & Stewardship Committee)

Sunday, December 1st is the 1st Sunday of Advent. The Worship & Music Committee has chosen the Advent devotional "*Moving toward the Manger*" by Martin Marty. This is a devotional book with reflection on our movement during the Advent season towards the coming of Christ. Please stop and pick up a copy. They will be available in the Memorial Lounge soon.



Social Ministries has begun collecting for the **Holiday Food Baskets**. All items need to be collected by Thursday, November 21st. **Here is a list of items needed:** instant mashed potatoes, Stove Top Stuffing, canned green beans, canned corn, dry gravy packets or canned gravy, canned cranberry sauce, canned fruit, and Jell-O. Additional items that can be donated for the families are: cereal, macaroni & cheese or other dry pastas, canned soups, canned ravioli/spaghetti, canned meats tuna, Ramen Noodles, and other non-perishable non-expired foods. As always, money to purchase the foods can also be donated. Please make a notation for the baskets on your check. We thank you again for your generosity in helping others.

It is not too late to join us! It's beginning to look a lot like... Cantata time. Rehearsals have begun and are every Tuesday at 7:15 PM. All are welcome to join us. There is no need to be a professional musician, just love to sing praises to God in celebration of the birth of our Lord. We will be performing our cantata on Sunday, December 22nd. As in years past, a CD is available to help learn the music.

Please note: If you **give electronically**, please look for an email about our change in banks. There was an error that is being corrected.



Confirmation students: We will meet for Confirmation at 4 PM on Sunday December 1st. We will then host the pizza party in the gymnasium at 5 PM.

Second Sunday

Second Sunday is a youth group led by your peers, other high schoolers, that meets the second Sunday of every month at Katie's Cup from 7-8:30 PM. There is worship, coffee, games and more.



Altar Guild are collecting orders for the **Christmas Poinsettias**. Remember your loved ones who have passed or celebrate an event as we decorate the altar with these flowers. The cost will be \$12 per plant (red only). Order envelopes will be on the kiosk in the narthex and will be collected until Sunday, December 1st. (Laurel McVinnie)

Holiday Summit Schedule: Due to the way the holidays fall on the calendar this year we have had to change our Summit schedule. Here are the dates that you will receive one, 12/9, 12/16 and 1/13/2020. Any article for the Summit need to be turned in one week prior.

From the SCRIP Desk:

Thanksgiving is just a week away and are you ready for that big grocery shopping trip? Do you have your list ready? What about your table linens and decorations do you have them or do you

need to pick some up before the big Thanksgiving dinner? SCRIP can help you will all your grocery and table decorations.

Woodman's card will definitely help with your Thanksgiving shopping. What about those table decorations and linens, you guessed it SCRIP carries many retailers that can help you decorate not only your tablet but you home for Thanksgiving.

SCRIP carries Home Goods, Kohl's, Marshall's, TJMaxx, and Target gift cards to help you shop and decorate your table and home for the Thanksgiving Holiday. (Deb Geeser)

KEEP CALM...SHOP SCRIP

Scott Dabson is asking for volunteers to help out at the **Alpine Academy/Alpine Lutheran Thanksgiving Feast**. He needs servers and/or individuals to cook a turkey a day or two before the feast. If you have any questions or would like to help out in any way, please contact Scott at (815) 494-3002.

Are you a Thrivent Financial member? If so, did you know that you are allowed 2 Action Team cards per calendar year that can benefit projects and events at Alpine? This \$250 card provides seed money to make the event or project a success. John Linde is looking for a card to purchase supplies and food for the Annual Meeting. Please see him if you are able to help with a card.



Thank you to all who attended the Alpine Academy Veteran's Day program. I thought our students performed well and the videos were moving tributes to our Veterans. Over twenty veterans were present to receive our pins of honor from our preschoolers and poppies from our second graders. This is always one of the most emotional programs for me.

We have Thanksgiving, soon. And , we have much to be thankful for. You, as our congregation, are one to whom we are thankful. We invite you to our Thanksgiving lunch on Tuesday, Nov. 26- turkey and all the fixings. The lunch is immediately after the 11:15 church service on Tuesday. Please consider attending.

We had a very successful Fall Fest and Trunk or Treat. Too bad Halloween had so much snow. We found that to be true for Veteran's Day as well- too much snow. It appears our students should plan on a long and cold winter. Let us all pray they stay safe.

Thank you all.

In Christ,

Principal Bob McVinnie





Thanksgiving is almost here. We, along with the Academy, will have a **Thanksgiving worship** service on **Tuesday**, **November 26th at 11:15 AM**. As in years past, the Academy will be hard at work hosting a Thanksgiving Feast in Fellowship Hall at 12:00 following the worship service. Please put this on your calendar.

On Wednesday evening, **November 27st**, we will join members of Shepherd of the Valley for a Service of Thanksgiving at 7:00 PM. This year we will host the service **at Alpine**. We would like to **serve pie** during the fellowship following the service. A sign-up sheet is in the narthex. Come and give thanks to God for all of the blessings he has bestowed upon us. Invite your neighbors, family and friends to attend as well.

Those Who Serve: Have you noticed the email reminders you have been receiving for when you serve? This new feature is set up through our scheduling program. We would like to note that if you have asked someone to sub for you it will still send you the reminder. Please see Laurel if you are not receiving the emails. It could be that the email we have is not correct or we don't have one in the system at all. Thank you for serving Alpine!

Fellowship is a very important part of every congregation. We all enjoy conversing after church especially with coffee and a treat. We need people to provide those treats. You do not need to be a master baker. Purchased treats are just as good. We also need juice to be served along with the coffee. Then all you need to do is man the table. It is very simple. (Help with clean-up is also appreciated.) A sign-up sheet is available by the coffee.

ATTENTION SNOWBIRDS:

Please be sure to notify the church office when you will be leaving and coming back from your winter get-aways. The church is charged \$.55 every time a Summit is returned for "Temporarily Away". Please provide a stop & start date so we can get you back on the list when you return. If you have a forwarding address, we can continue to send you your Summit while you are away or you can look for it online.



Join us on Sunday for Children's Church during the 10 AM worship. We will be learning about the lessons from the worship service and how we can share God's Word with others. On 12/22 & 12/29, we will not be meeting for Children's Church. Classes will resume 1/5.



-Katie's Choice Book Club meets every 2nd Thursday of the month at 10 AM. Each month a new book is chosen to discuss. Bring your copy and join the discussion.

-Katie's Cup Bunco: Join us every 3rd Thursday of the month at Katie's Cup for a session of Bunco and great fellowship. We meet from 1:30-3 PM.

Katie's Cup Music on Thursdays on 7th returns: Thursday, November 14th, Emily Hurd.

Laundry Love—This program, part of RALM, provides free laundry services to the needy every 3rd Wednesday of the month at Charles Street Laundromat. The program exists to help alleviate the strain that poor health and hygiene places on the most venerable members of our community. Co-Coordinators are Bob Black & Dave Musser.

Keep Alpine Updated: With current HIPAA laws, the church is not informed when you are hospitalized. Please have a friend or family member notify the church directly. OSF St. Anthony's and Rockford Memorial does not call at all, Swedish American only calls when you are admitted to the hospital through your physician, not the ER. We want to keep in contact with you especially when you are in need of support.

Crop Walk Exceeds Goal: About 200 people enjoyed a beautiful day for a walk October 20th to help end hunger in our city, our county and around the world. A goal of \$25,000 was set for the Rockford Area's 33rd annual CROP Hunger Walk. Thanks to the generosity of 31 congregations, one school and one corporation nearly \$30,000 was raised. Thank you walkers and your sponsors for being a part of this life saving event.

November Needs for Carpenter's Place—Cough drops, chapstick, toothpaste, snack-size plastic bass, air freshener, men's & women's underwear, backpacks, sugar and powdered creamer. Donations can be dropped off at Carpenter's Place M_F, 8:30-2:30 PM, 1149 Railroad Ave.

First Lutheran Church announces its

6 1 st Annual Lucia Celebration Saturday, December 14 9 am - noon

****TIME FOR SAUSAGE KORV****

Same Tabor KORV, Sold Now Through Rockford Area Lutheran Ministries

Orders being accepted now

COST @ \$6 per pound To order RalmMail@aol.com, www.rockthegood.com, or 815-962-4279.

VOLUNTEERS ARE NEEDED

Please let Amy know what day you will able to help. @ Zion Lutheran Church, 925 5th Avenue, Rockford

SAUSAGE DAYS

Tuesday—December 3rd ** (Volunteers Needed) (8:30 - 2:00 pm ??) Set-Up & Prep Work



Wednesday—December 4th ** (Volunteers Needed) 7:30 AM-10:30 AM-Making Sausage AFTER 10:30 AM-4:30 PM-Pick-Up Orders

Thursday—December 5th ** (Volunteers Needed) (9:00 - 3:00 pm)—Final Day of Pickup



Traditional Kaffe Kalas with Santa Lucia Candy Boy & Girl

Musical entertainment provided by Joseph Schenk

Crafts, "treasures," & homemade bakery plus Swedish Korv sausage made using Tabor Lutheran's original recipe!

Holiday Concert at 10 am in the sanctuary Music Academy of Rockford students

225 S. Third Street, corner of Third & Oak in the heart of Rockford's historic Haight Village 815.962.6691

Alpine Lutheran Church 5001 Forest View Ave. Rockford, IL 61108 alpinelutheran@comcast.net www.alpinelutheran.com Non-profit org U.S. Postage PAID Rockford, IL Permit #2653

RETURN SERVICE REQUESTED

Worship Times – Sun. 8:00 & 10:00 AM

See what Alpine has to offer you on the Web! alpinelutheran.com

THOSE WHO SERVE

Sun., November 24, 2019	Sum December 1 2010
Ushers: (8:00) Les Johnson, Karl Okeson, Randy Teske, Volunteer (10:00) John Linde Ambass.: (8:00) Alan & Marlene Garrett (10:00) Amanda Dabson, Mari Hanson Elements: (8:00) Alan & Marlene Garrett (10:00) Amanda Dabson, Mari Hanson Lector: (8:00) Gwyn Brechtel (10:00) John Fridh Lay Assist: (8:00) David DeNale, Deb Okeson (10:00) John Fridh, Nancy Matthews Altar Guild: Janet Gentry, JoAnn Christiansen Praise Singers: Chuck & Lynn Valentine	Sun., December 1, 2019 Ushers: (8:00) Larry & Joni Graham, Volunteers (10:00) DiAnne Beynon, John Gustafson, Volunteers Ambass.: (8:00) Al & Deb Geeser (10:00) Laurel McVinnie, Diana Sundeen Elements: (8:00) Al & Deb Geeser (10:00) Mark & Christine Stohle Lector: (8:00) Bob Fanello (10:00) Dick Nelson Lay Assist: (8:00) Bob & Lori Fanello (10:00) Dick Nelson, Bea Lundgren Altar Guild: Gwyn Brechtel, Ardy Stevens Praise Singers: Ted Croisant, Bob McVinnie