



Special points of interest:

Sunday Worship
8:00 AM & 10:00 AM

Academy Chapel
Every Tuesday, 2:15 PM

Rejoicing Spirits
6:00 PM (2nd Thursday)

Family Worship (Gym)
4:30 PM (2nd Saturday)

815-399-5013

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From Pastor Desk:

Monday, November 4, 2019

Volume 46, Issue 22

"Trust in the LORD with all your heart, and do not lean on your own understanding. In all your ways acknowledge God, and God will make straight your paths." ... "Do not be frightened, and do not be dismayed, for the LORD your God is with you wherever you go."
(Proverbs 3:8, Joshua 1:9)

"Put your trust in God." It seems like we hear that a lot in church. "God knows best... God will be there... The Lord will provide etc..." "Just trust and rely upon God and everything will be great." These all seem to be popular Christian mantras these days. In and of themselves, these are all true statements. But trusting God can be tough. Too often, life has taught us to always hold back and not trust fully. These sayings seem to discount how difficult it is for most of us to trust God. We have all been let down by people so many times that the very idea of trusting in someone fully - without reservation - feels impossible. When we struggle with this, we also tend to feel extremely guilty because it seems like we are the only one who struggles with trusting God. So, what are we to do?

There is no easy step by step process. Re-learning how to trust takes effort and time. It is a process that happens only as we are connected deeply and share intimate experiences with someone. In essence "you can't trust someone you don't know." Many of us might think we know God, but the truth is we have lots of ideas about God (formed more from mass media and gossip than we like to admit) but little intimate knowledge. So, the road to trusting God begins with shared experiences. Learning each other's story. Discovering each other's passions. God already knows everything about us, but how do we have these intimate experiences of God?

1. Read God's story found in God's word (not just by yourself but with the help of others). When you do, you discover how passionate God is about being in a relationship with us.
2. Pray with other people on a regular basis. When you do, you discover how faithful God is in walking along side of us and fulfilling our deepest needs.
3. Find a way to help assist someone else experience God's grace. When you do, you see how wonderful and life-giving God's grace is. You realize how precious a gift God has given us.
4. Sing God's praises - in all that you do. The more that you do this, the more you will teach yourself to see God's beauty and faithfulness in your life. As you praise God, you notice more and more how active God is in your life.

As we devote ourselves to these shared experiences with God, we develop intimacy with God. We know God on a deeper level, and it becomes easier and easier to fully trust God. Life becomes joyful, our burdens are lighter, and in our hearts, we know that God is with us and assisting us every step of the way.

BY THE NUMBERS

Attendance 10/20/19 83 + 42 125 Attendance 10/27/19

Required total receipts weekly.....\$8,213.71

Gen Fund 10/20/19	\$3,547.00	Gen Fund 10/27/19	\$6,229.00
Forward in Faith	\$930.00	Forward in Faith	\$860.00
Surplus/Deficit	-\$3,736.71	Surplus/Deficit	-\$1,124.71
53 rd /54 th Week	\$1,925.00	Unexpected Blessings	\$5,000.00

Surplus/Deficit YTD..... -\$11,257.51 (9/30/19)

*Please note that year to date totals include several pre-payments of annual pledges.



Prayer Requests

Pray for Alpine members:

Pat Anderson, Rick Bried, Cindy Bulthaus, Pat Christiansen, Scott Christiansen, Scott Dabson, Ernest & Mary De-Nale, Doris Fransen, Marybeth Gillette, Rich & Jan Hill, Gary Hunt, Peggy Lillegaard, Ed Lorenzen, Richard Lovitt, Jack & Norma Lucas, Marguerite Lusth, Valerie Miller, Marian Olson, Ron Pauly, Donna Steele, JR Stropes, Melissa (Bukowski) Stucky & Family and Darold Walker.

Pray for our friends and family of Alpine:

Sally Atkinson, Tim Babcock, Kim Braun, Linda Carter, Linda Conness, Linda Fry, Jerome Gill, Daniel Hendrickson, Kathleen Lovins, Todd McDonald, Sharon Mund, Carol Nelsen, Judy Osiwalla, Aileen Petersen, David Rawls, Felicia Rawls, Tom Rogers, Sharon Schnier, Bob Schult, Jeremy Sturges, Elizabeth Tankersley, Don Tennant, Penny Wendling, Sharon Wrye and Karen Younglove.

All In the Family

Birthday thanks came in from **Kathy Mund**. We share our love and sympathy with **Jeanne Tengen** and the family of **Kara Montgomery**. Jeanne's grand daughter died October 19th. **Velma Shoudy** expressed her thanks for the flowers she received for her birthday. **Nan Strom** thanks everyone for the many well wishes she received for her birthday.

Worship Schedule :

Sunday Worship service times are **8 & 10:00 AM**. Children's Church will continue to meet during the 10:00 AM service.

Every 2nd Thursday, Rejoicing Spirits Worship at **6 PM**. A service for those with developmental disabilities, their families, caregivers, and others.

Every 2nd Saturday, Family Worship at **4:30 PM**. A service in our gym with family activities following.

Bible Studies :

- * Tuesday Men's Breakfast Bible Study at 6:45 am at Sunrise Restaurant on Stowmarket
- * Wednesday Morning Bible Study at 10 AM, Conference Room

Adult Forums: Meets between services on the 1st Sunday of every month. A light breakfast will be served. Doesn't meet during Summer.

To reach Pastor Dan after office hours, you may call 815-399-5487. Please leave a message and he will respond as soon as possible.

Praying weekly for Alpine's membership has had a very positive effect on our church! We have had many positive and thankful responses from those we have been praying for. The benefits are so great that we have decided to make this an ongoing part of Alpine's church life. Some comments we've received are "power of prayer - it works!", "just what we needed", and loads of thanks! Even though we are praying for a few families each week, please call Pastor Dan whenever the need arises for extra prayers you may have.

Together we worship, together we pray, together we love.

Here are the members for the next few weeks.

November 10th—Craig & Barb Shelton; Marcia Olk; Genny Johnson; and Marguerite Lusth.

November 17th—Cathy & Maddie Merwin; Amanda Meyers; Howard & Carol McCracken; and RC, Rhonda, Conlan, Chase & Bobby Pottinger.



Mark Your Calendar!
Tuesday, November 5th—Election Day
Tuesday, November 5th—C & E Choir begins, 7:15 PM
Friday, November 8th—Alpine Academy Veterans' Program, Gym, 1:30 PM
Saturday, November 9th—NO FAMILY WORSHIP
Sunday, November 10th—Dedication Sunday
Monday, November 11th—Veterans' Day
Thursday, November 14th—Rejoicing Spirits Worship, 6 PM



Second Sunday

Second Sunday is a youth group led by your peers, other high schoolers, that meets the second Sunday of every month at Katie's Cup from 7-8:30 PM. There is worship, coffee, games and more.

Dedication Sunday, November 10, 2019

Our 2020 pledge cards have been mailed out. Please let the church office know if you did not receive yours. **We will dedicate our pledges Sunday, November 10th during worship.** If you are unable to attend that Sunday, you may mail them or drop them off in the church office. As we gather these financial pledges we are able to begin the process of planning finances for 2020. Please prayerfully consider your giving to Alpine. We thank you for your support of Alpine both financially and spiritually.

From the SCRIP Desk:

The holiday season starts earlier every year which means SCRIP has also started their seasonal promotion of low denominational cards. Please pick up an updated SCRIP order form at the SCRIP desk to view all the limited time low denominational cards. Also DSW has joined the SCRIP family. You may order DSW cards under the Specialty Retailer section of your order form. (Deb Geeser)

KEEP CALM...SHOP SCRIP



Calling all C & E Singers! It's beginning to look a lot like... Cantata time. We will begin meeting at 7:15 PM on Tuesday, November 5th. All are welcome to join us. There is no need to be a professional musician, just love to sing praises to God in celebration of the birth of our Lord. We will be performing our cantata on Sunday, December 22nd. As in years past, a CD is available to help learn the music.

Social Ministries has begun collecting for the **Holiday Food Baskets**. All items need to be collected by Thursday, November 21st. **Here is a list of items needed:** instant mashed potatoes, Stove Top Stuffing, canned green beans, canned corn, dry gravy packets or canned gravy, canned cranberry sauce, canned fruit, and Jell-O. Additional items that can be donated for the families are: cereal, macaroni & cheese or other dry pastas, canned soups, canned ravioli/spaghetti, canned meats—tuna, Ramen Noodles, and other non-perishable non-expired foods. As always, money to purchase the foods can also be donated. Please make a notation for the baskets on your check. We thank you again for your generosity in helping others.

Sunday, November 3rd we celebrated All Saints Sunday.

This is the day we acknowledge those who have gone before us in the past year (since the last All Saints). The list of those saints are: Steve Abbott, Alyce Krusemeier, Gerry Perala, Nancy Ewert, Elsie Seibel, John Ralston, Gordon Allen, Virginia Dunnkusi, and Kara Montgomery.

Scott Dabson is asking for volunteers to help out at the **Alpine Academy/Alpine Lutheran Thanksgiving Feast**. He needs servers and/or individuals to cook a turkey a day or two before the feast. Turkey's will be provided for you to cook. The Academy students bring many of the other ingredients for this meal. If you have any questions or would like to help out in any way, please contact Scott at (815) 494-3002. Thank you!

The November issue of **"Living Lutheran"** is here. In this month's lead story, "Hear I Am: Mission Driven Art", a congregation in Ohio has given the youth at their church and the surrounding area the opportunity to learn about, create and display visual art. **"Living Lutheran"** has a new feature on their website, livinglutheran.org. You will now be able to **hear** the articles published in the magazine. Just scroll to the footer and click on **"Audio Issues"**. Now you can share the stories with those with vision disabilities.

Have you noticed? We have a new fence around our playground and our school dumpsters. Many thanks to **Area Erectors** for donation of the fence and installation. This improvement will help with the safety of our students at the Academy along with making our exterior look more pleasant.

We are rescheduling the **Family Worship to Saturday, November 16th, 4:30 PM**. This is due to the school being closed for Veterans' Day and families possibly going out of town for the longer weekend.

If you are looking for a behind the scenes place to volunteer your time at church, **Altar Guild needs you!** We prepare the altar area for Sunday services and decorate for the different seasons. We hold a meeting once a month throughout the year. Also, we would like to offer anyone who has sponsored flowers to take them with you after services. Just let any Altar Guild member know and we will get the flowers ready for you to take home or to a loved one. (Laurel McVinnie)



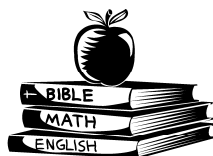
Alpine Academy
of Rockford
Faith • Family • Future

This past week the school had their Vendor Fair. We had a full gym of Vendors. We thank them for participating and for you for shopping. Thanks, also, to Jody Dabson and Scott Dabson for setting up the Fair and to a number of staff members for helping out.

More important for this week is our Veteran's Day Program. This student program features patriotic songs and moving presentations. Miss Lemen has been working with the students for weeks, teaching them the importance of honoring our Veteran's. We invite you to attend the program on Friday, Oct. 8 at 1:30 as we honor our Veterans.

Two and a half weeks after Veteran's Day is our Thanksgiving service and luncheon. We hope you attend the 11:15 service on Nov. 26 in the sanctuary and then join us for a Thanksgiving feast in Fellowship Hall. We are in need of help in the preparing, serving, and cleanup of the feast. We also need help in funding the purchasing of the turkeys. If you are able to donate \$20 to the Academy for the purchase of the turkeys, we would appreciate this kindness.

In Christ,
Principal Bob McVinnie



Christian School



Thanksgiving is fast approaching. We, along with the Academy, will have a **Thanksgiving worship** service on **Tuesday, November 26th at 11:15 AM**. As in years past, the Academy will be hard at work hosting a Thanksgiving Feast in Fellowship Hall at 12:00 following the worship service. This has become a very special event between our church and school. Every class contributes to the fabulous food that is offered to all who attend. There is turkey and all the fixings. If you would like to help with the meal please contact Scott Dabson, 815-494-3002. Please put this on your calendar.

On Wednesday evening, **November 27st**, we will join members of Shepherd of the Valley for a Service of Thanksgiving at 7:00 PM. This year we will host the service at Alpine. Come and give thanks to God for all of the blessings he has bestowed upon us. Invite your neighbors, family and friends to attend as well.

Fellowship is a very important part of every congregation. We all enjoy conversing after church especially with coffee and a treat. We need people to provide those treats. You do not need to be a master baker. Purchased treats are just as good. We also need juice to be served along with the coffee. Then all you need to do is man the table. It is very simple. (Help with clean-up is also appreciated.) A sign-up sheet is available by the coffee.

Please Note: There will not be a **Men's Breakfast** for the month of November. Hope to see you for breakfast next month.



You are invited to attend the annual **Alpine Academy Veteran's Day Program** on Friday, November 8th at 2:00 PM in the gymnasium. Come and hear the children as they honor those who have fought for our freedom.



We invite all children to come to our Children's Church during the 10:00 worship hour. We will be discussing the lessons used in the worship service for that week through discussion and arts and crafts.

All are welcome to join us.



-Katie's Choice Book Club meets every 2nd Thursday of the month at 10 AM. Each month a new book is chosen to discuss. November's book selection is "Seven Days of Us" by Francesca Hornak. This is a funny British story about a family coming together for Christmas. Bring your copy and join the discussion.

-Katie's Cup Bunco: Join us every 3rd Thursday of the month at Katie's Cup for a session of Bunco and great fellowship. We meet from 1:30—3 PM.

Katie's Cup Music on Thursdays on 7th returns: Thursday, November 14th, Emily Hurd.

* * * * *

Laundry Love—This program, part of **RALM**, provides free laundry services to the needy every 3rd Wednesday of the month at Charles Street Laundromat. The program exists to help alleviate the strain that poor health and hygiene places on the most venerable members of our community. Co-Coordinator are Bob Black & Dave Musser.

Keep Alpine Updated: With current HIPAA laws, **the church is not informed when you are hospitalized.** Please have a friend or family member notify the church directly. OSF St. Anthony's and Rockford Memorial does not call at all, Swedish American only calls when you are admitted to the hospital through your physician, not the ER. We want to keep in contact with you especially when you are in need of support.

2019 ELCA Churchwide Assembly summary of actions:

More than 900 voting members met Aug. 5-10 at the Wisconsin Center in Milwaukee for the ELCA 2019 Churchwide Assembly. This was the 15th gathering of the assembly, which is the primary decision-making body of the church. In addition to participating in worship and Bible studies, voting members deliberated and took actions regarding the work of the church. Read a summary of the key decisions that were made to further the mission and ministry of the church at <https://www.elca.org/News-and-Events/8003>.

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VOLUNTEERS ARE NEEDED

Please let Amy know what day you will able to help.

@ Zion Lutheran Church, 925 5th Avenue, Rockford

SAUSAGE DAYS

Tuesday—December 3rd ** (Volunteers Needed)

(8:30 - 2:00 pm ??) Set-Up & Prep Work

Wednesday—December 4th ** (Volunteers Needed)

7:30 AM—10:30 AM—Making Sausage

AFTER 10:30 AM—4:30 PM—Pick-Up Orders

Thursday—December 5th ** (Volunteers Needed)

(9:00 - 3:00 pm)—Final Day of Pickup





Alpine Lutheran Church
 5001 Forest View Ave. Rockford, IL 61108
 alpinelutheran@comcast.net
 www.alpinelutheran.com

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RETURN SERVICE REQUESTED

Worship Times –
Sun. 8:00
& 10:00 AM



See what Alpine has to
 offer you on the Web!
 alpinelutheran.com



THOSE WHO SERVE

Sun., November 10, 2019

Ushers: (8:00) Chuck Gentry, Glen McDonald, Volunteers
 (10:00) Marge Rakoczy, Volunteers
Ambass.: (8:00) Les & Carol Johnson
 (10:00) Mark & Christine Stohle
Elements: (8:00) Les & Carol Johnson
 (10:00) Mark & Christine Stohle
Lector: (8:00) Becky Toro (10:00) Al Neumann
Lay Assist: (8:00) David DeNale, Alan Garrett
 (10:00) Zada Doubek, Zoey Doubek
Altar Guild: Kathy Mund, Sarah Neumann
Praise Singers: Ted Croisant, Jaime Doubek

Sun., November 17, 2019

Ushers: (8:00) Jim Anderson, Bob Fanello, Bryan Garrett, Kathy Mund
 (10:00) Russ Hornbeck, Dick Nelson, Mike Schultz, Brandon Williams
Ambass.: (8:00) Jack & Carla Phillips
 (10:00) David Linde, John Linde
Elements: (8:00) Chuck & Janet Gentry
 (10:00) Barb Shelton, Diana Sundeen
Lector: (8:00) Pam Lojewski (10:00) Craig Shelton
Lay Assist: (8:00) Pam Lojewski, Deb Okeson
 (10:00) Craig Shelton, Rashad Hoel
Altar Guild: Laurel McVinnie, Cary Ralston
Praise Singers: Chuck & Lynn Valentine