



Special points of interest:

Sunday Worship
8:00 AM & 10:00 AM

Academy Chapel
Every Tuesday, 2:15 PM

Rejoicing Spirits
6:00 PM (2nd Thursday)

Family Worship (Gym)
4:30 PM (2nd Saturday)

815-399-5013

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Monday, October 21, 2019

Volume 46, Issue 21

From Pastor Desk:

"On the way to Jerusalem Jesus was going through the region between Samaria and Galilee. As he entered a village, ten lepers approached him. Keeping their distance, they called out, saying, "Jesus, Master, have mercy on us!" When he saw them, he said to them, "Go and show yourselves to the priests." And as they went, they were made clean. Then one of them, when he saw that he was healed, turned back, praising God with a loud voice. He prostrated himself at Jesus' feet and thanked him. And he was a Samaritan. Then Jesus asked, "Were not ten made clean? But the other nine, where are they? Was none of them found to return and give praise to God except this foreigner?" Then he said to him, "Get up and go on your way; your faith has made you well" (Luke 17:11-19).

The above story from the gospel of Luke illustrates for all of us the importance of giving thanks. In this story, Jesus heals ten lepers but only one comes back and praises God. When we read this, we tend to be a little too harsh on the other nine. They are probably doing what you or I would do in this situation. Running for joy, celebrating, touching and hugging loved ones they have not been allowed to be close to etc... It is understandable why it just didn't occur to them to come back to Jesus. The response of those nine lepers is not even the main point of this story. **The main point is that although ten were healed, only one was made well.** The one was made well because of his response to the blessing that he had received from God.

When we cultivate gratitude in our hearts, minds, words, attitudes, and actions, what we are doing is putting a shield around us. This world is filled with rage, bitterness, anger, jealousy, and vengeance. All these sins are like a disease. The antidote to the ways these emotions take hold and enslave us is to be grateful. Grateful in all that we do, say, think and believe. The goal is to continue to surround ourselves with a shield of gratefulness that protects our hearts and minds and drives away the fear, bitterness, etc.. that assails us. We need to be grateful for our own wellbeing.

Too often we think that getting a boon, an unexpected blessing, a treasure, or a reward from God is what we need to get by in life. The reality is that these blessings (in all their forms) are just a setup to help us cultivate gratitude. Once we make gratitude a permanent part of who we are – in our demeanor, attitudes, words, thoughts, responses – then the real blessing comes. We are made well! We receive abundant life. For it is gratitude in our hearts that will lead us to the joyful life God has promised us, not wealth, a new car, or a new home.

So, take time to be grateful. Express that gratitude. Notice the good things that you have in life and respond to God's loving care. Tell others how appreciative you are. Let everyone know. For we worship a wonderful and generous God. A God who desires for us to be made well and experience abundant life.

BY THE NUMBERS

	Rejoicing Spirits Worship 10/13/19	91		
Attendance 10/6/19 –One Service	82	Attendance 10/13/19	45 + 62	107

Required total receipts weekly.....\$8,213.71

Gen Fund 10/6/19	\$7,043.72	Gen Fund 10/13/19	\$5,075.00
Forward in Faith	\$2,347.00	Forward in Faith	\$2,970.00
Surplus/Deficit	+\$1,177.01	Surplus/Deficit	-\$168.71
53 rd /54 th Week	\$270.00	Unexpected Blessings	\$1.00

Surplus/Deficit YTD..... +\$2,798.16 (8/31/19)

*Please note that year to date totals include several pre-payments of annual pledges.



Prayer Requests

Pray for Alpine members:

Pat Anderson, Rick Bried, Cindy Bulthaus, Pat Christiansen, Tim Christiansen, Scott Christiansen, Scott Dabson, Ernest & Mary DeNale, Doris Fransen, Marybeth Gillette, Rich & Jan Hill, Peggy Lillegaard, Richard Lovitt, Jack & Norma Lucas, Marguerite Lusth, Valerie Miller, Marian Olson, Ron Pauly, Donna Steele, JR Stropes, Melissa (Bukowski) Stucky & Family and Darold Walker.

Pray for our friends and family of Alpine:

Sally Atkinson, Tim Babcock, Kim Braun, Linda Carter, Linda Conness, Linda Fry, Jerome Gill, Daniel Hendrickson, Kathleen Lovins, Todd McDonald, Sharon Mund, Carol Nelsen, Judy Osiwalla, Aileen Petersen, David Rawls, Felicia Rawls, Tom Rogers, Sharon Schnier, Bob Schult, Jeremy Sturges, Elizabeth Tankersley, Don Tennant, Penny Wendling, Debra Whittock, Sharon Wrye and Karen Younglove.

All In the Family

Birthday thanks came in from **Joan Greeny, Laurel McVinnie Mary DeNale, Irv Perala and Ardy Stevens**. Congratulations to **Bobby & Michelle Mounts** who were married on October 8th in Indiana. We share our love and sympathy with the families of two Alpine members who have recently died; **Gordon Allen**, on October 6th; and **Virginia Dunnkuski**, on October 9th. **Doris Fransen** sends her thanks for the flowers she received.

Worship Schedule :

Sunday Worship service times are **8 & 10:00 AM**. Children's Church will continue to meet during the 10:00 AM service. Every 2nd Thursday, Rejoicing Spirits Worship at **6 PM**. A service for those with developmental disabilities, their families, caregivers, and others. Every 2nd Saturday, Family Worship at **4:30 PM**. A service in our gym with family activities following.

Bible Studies :

- * Tuesday Men's Breakfast Bible Study at 6:45 am at Sunrise Restaurant on Stowmarket
- * Wednesday Morning Bible Study at 10 AM, Conference Room

Adult Forums: Meets between services on the 1st Sunday of every month. A light breakfast will be served. Doesn't meet during Summer.

To reach Pastor Dan after office hours, you may call 815-399-5487. Please leave a message and he will respond as soon as possible.

Praying weekly for Alpine's membership has had a very positive effect on our church! We have had many positive and thankful responses from those we have been praying for. The benefits are so great that we have decided to make this an on-going part of Alpine's church life. Some comments we've received are "power of prayer - it works!", "just what we needed", and loads of thanks! Even though we are praying for a few families each week, please call Pastor Dan whenever the need arises for extra prayers you may have.

Together we worship, together we pray, together we love.

Here are the members for the next few weeks.

October 27th—Irene Northrup; Janice Bergstrom; Tim & Jo-Ann Christiansen; and Les & Carol Johnson.

November 3rd—Bill & Sue Lovitt; Shirley Schou; and Dorothy Ruple.



Thursday, October 24th—Council Meeting, 7 PM
Saturday, October 26th—Academy Vendor & Craft Fair, Gym, 9 AM—4 PM
Sunday, October 27th—Reformation Sunday, wear RED
Sunday, November 3rd—All Saints Sunday
Tuesday, November 5th—Election Day
Tuesday, November 5th—C & E Choir begins, 7:15 PM



Second Sunday is a youth group led by your peers, other high schoolers, that meets the second Sunday of every month at Katie's Cup from 7-8:30 PM. There is worship, coffee, games and more.



Get your thinking caps ready for the annual **RALM Trivia Night and Silent Auction!** Alpine will have 1-2 tables of highly competitive participants (just kidding, we are there to have fun). At just **\$15 each**, which includes chili, dessert, snacks a beverage and trivia, this is a bargain for a night of entertainment for all. On **Friday, November 1st**, the doors of Our Savior's open at **6 PM** for dinner and the silent auction. The trivia portion will begin at **7 PM**. This is a favorite RALM event with all proceeds to benefit the many ministries of RALM. Please let the office know if you are interested.

Alpine Academy Vendor & Craft Sale is Saturday, **October 26th** from 9 AM to 4 PM. Vendors and crafters will be displaying their wares. There will be raffles, treats to eat and of course shopping! This is an annual fundraiser for the Academy. All are welcome to attend. Share this event with your friends and family.

From the SCRIP Desk:

The SCRIP order form will be changing for the holidays with the limited time low denominational cards. Check out the updated order form that will be at the SCRIP desk after October 20th. The holiday season starts in 6 weeks are you ready? Have you been stocking up on your favorite retailers gift cards? If not you still have some time to start stocking up on your favorite stores gift cards. Remember the SCRIP desk is opens after first service and if you have an emergent need of cards during the week please contact Lynn in the church office, she may be able to help with your emergent need of cards. (Deb Geeser)

KEEP CALM...SHOP SCRIP

If you are looking for a behind the scenes place to volunteer your time at church, **Altar Guild needs you!** We prepare the altar area for Sunday services and decorate for the different seasons. We hold a meeting once a month throughout the year. Also, we would like to offer anyone who has sponsored flowers to take them with you after services. Just let any Altar Guild member know and we will get the flowers ready for you to take home or to a loved one. (Laurel McVinnie)

Sunday, October 27th is Reformation Sunday. It is a **RED** Sunday so bring out your best red outfit and join in celebration of the Reformation.

Calling all C & E Singers! It's beginning to look a lot like... Cantata time. We will begin meeting at 7:15 PM on Tuesday, November 5th. All are welcome to join us. There is no need to be a professional musician, just love to sing praises to God in celebration of the birth of our Lord. We will be performing our cantata on Sunday, December 22nd. As in years past, a CD is available to help learn the music.



Daylight Savings ends on Saturday, November 1st. Don't forget to turn your clocks back one hour!

We continue our Fall Stewardship Series, **"Living by Faith: How allowing our faith in God to guide our stewardship lifestyle can lead to abundant life."** Our 2020 pledge cards will be going out this week so watch your mailboxes. We will dedicate our pledges Sunday, November 10th during worship. If you are unable to attend that Sunday, you may mail them or drop them off in the church office. As we gather these financial pledges we are able to begin the process of planning finances for 2020. Please prayerfully consider your giving to Alpine. We thank you for your support of Alpine both financially and spiritually.

It is that time of year when Social Ministries begins collecting for the **Holiday Food Baskets**. All items need to be collected by Thursday, November 21st. **Here is a list of items needed:** instant mashed potatoes, Stove Top Stuffing, canned green beans, canned corn, dry gravy packets or canned gravy, canned cranberry sauce, canned fruit, and Jell-O. Additional items that can be donated for the families are: cereal, macaroni & cheese or other dry pastas, canned soups, canned ravioli/spaghetti, canned meats—tuna, Ramen Noodles, and other non-perishable non-expired foods. As always, money to purchase the foods can also be donated. Please make a notation for the baskets on your check. We thank you again for your generosity in helping others.



Alpine Academy
of Rockford
Faith • Family • Future

Thank you to all who joined us for brunch at Stockholm Inn last Saturday. As a school, we were able to give thanks to two men who were founders of the Academy- Pastor Rick Meier and Keith Wilson. Its been 23 years since they first proposed the creation of this school and we are so pleased that they did.

October is a busy month. Last Saturday was our Fall Fest and Trunk or Treat. The CPTO did a wonderful job in providing games for the students and chili for all. Trunk or Treat was well attended again. Lots a candy was given away in a safe and loving environment.

On the last Saturday of October- the 26th, we will sponsor a Vendor/Craft fair. I hope you are all able to attend and enjoy the day. If you are interested in renting space, you may contact Jody Dabson at 815-227-8894. She or Scott Dabson will make the arrangements for you.

We still have openings in many classrooms, particularly in preschool. Please let people know that their children will be in a safe and loving environment.

Veterans Day will be celebrated and honored on Friday, November 8 in our school gym. Our students will be singing patriotic songs and sharing their thoughts about our military heroes. It will begin at 1:30. We will have moments for laughter and moments for tears. Please come and share in our respect for all who serve this nation.

May God be with you.

Principal Bob McVinnie

Sunday, November 3rd, is **All Saints Sunday**. We will be acknowledging all those saints who have gone before us in the past year. Letters will be sent out to their families to let them know that we are remembering their loved one. We will also have a time during the worship service when everyone may come forward and light a candle in remembrance of all loved ones who have passed.

Thanksgiving is fast approaching. We, along with the Academy, will have a **Thanksgiving worship** service on **Tuesday, November 26th at 11:15 AM**. As in years past, the Academy will be hard at work hosting a Thanksgiving Feast in Fellowship Hall at 12:00 following the worship service. This has become a very special event between our church and school. Every class contributes to the fabulous food that is offered to all who attend. There is turkey and all the fixings. If you would like to help with the meal please contact Scott Dabson, 815-494-3002. Please put this on your calendar.

On Wednesday evening, **November 27st**, we will join members of Shepherd of the Valley for a Service of Thanksgiving at 7:00 PM. This year we will host the service at Alpine. Come and give thanks to God for all of the blessings he has bestowed upon us. Invite your neighbors, family and friends to attend as well.

Fellowship is a very important part of every congregation. We all enjoy conversing after church especially with coffee and a treat. We need people to provide those treats. You do not need to be a master baker. Purchased treats are just as good. We also need juice to be served along with the coffee. Then all you need to do is man the table. It is very simple. (Help with clean-up is also appreciated.) A sign-up sheet is available by the coffee.



You are invited to attend the annual **Alpine Academy Veteran's Day Program** on Friday, November 8th at 2:00 PM in the gymnasium. Come and hear the children as they honor those who have fought for our freedom.



We invite all children to come to our Children's Church during the 10:00 worship hour. We will be discussing the lessons used in the worship service for that week through discussion and arts and crafts.

All are welcome to join us.



-Katie's Choice Book Club meets every 2nd Thursday of the month at 10 AM. Each month a new book is chosen to discuss. November's book selection is "Seven Days of Us" by Francesca Hornak. This is a funny British story about a family coming together for Christmas. Bring your copy and join the discussion.

-Katie's Cup Bunco: Join us every 3rd Thursday of the month at Katie's Cup for a session of Bunco and great fellowship. We meet from 1:30—3 PM.

Katie's Cup Music on Thursdays on 7th returns: Thursday, November 14th, Emily Hurd.

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Laundry Love—This program, part of **RALM**, provides free laundry services to the needy every 3rd Wednesday of the month at Charles Street Laundromat. The program exists to help alleviate the strain that poor health and hygiene places on the most venerable members of our community. Co-Coordinator are Bob Black & Dave Musser.

Anderson Gardens Tuesday Morning Worship—This is a free non-denominational Christian Service at 7-7:30 AM in the pavilion in the Garden. Each week the service is lead by a different pastor and musician from the community. After the service you are encouraged to explore the gardens for no charge.

Keep Alpine Updated: With current HIPAA laws, **the church is not informed when you are hospitalized.** Please have a friend or family member notify the church directly. OSF St. Anthony's and Rockford Memorial does not call at all, Swedish American only calls when you are admitted to the hospital through your physician, not the ER. We want to keep in contact with you especially when you are in need of support.

2019 ELCA Churchwide Assembly summary of actions:

More than 900 voting members met Aug. 5-10 at the Wisconsin Center in Milwaukee for the ELCA 2019 Churchwide Assembly. This was the 15th gathering of the assembly, which is the primary decision-making body of the church. In addition to participating in worship and Bible studies, voting members deliberated and took actions regarding the work of the church. Read a summary of the key decisions that were made to further the mission and ministry of the church at <https://www.elca.org/News-and-Events/8003> .

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VOLUNTEERS ARE NEEDED

Please let Amy know what day you will able to help.

@ Zion Lutheran Church, 925 5th Avenue, Rockford

SAUSAGE DAYS

Tuesday—December 3rd ** (Volunteers Needed)

(8:30 - 2:00 pm ??) Set-Up & Prep Work

Wednesday—December 4th ** (Volunteers Needed)

7:30 AM—10:30 AM—Making Sausage

AFTER 10:30 AM—4:30 PM—Pick-Up Orders

Thursday—December 5th ** (Volunteers Needed)

(9:00 - 3:00 pm)—Final Day of Pickup





Alpine Lutheran Church
 5001 Forest View Ave. Rockford, IL 61108
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 www.alpinelutheran.com

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RETURN SERVICE REQUESTED

Worship Times –
Sun. 8:00
& 10:00 AM



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 alpinelutheran.com



THOSE WHO SERVE

Sun., October 27, 2019

Ushers: (8:00) Les Johnson, Karl Okeson,
 Randy Teske, Volunteer
 (10:00) John Linde, Volunteers
Ambass.: (8:00) Gene & Donna Seefeldt
 (10:00) Amanda Dabson, Mari Hanson
Elements: (8:00) Matt & Debbie Hier
 (10:00) Amanda Dabson, Mari Hanson
Lector: (8:00) Donna Seefeldt (10:00) Dick
 Nelson
Lay Assist: (8:00) Chuck Gentry, Glen
 McDonald
 (10:00) Aaron Ayen, Mike Schultz
Altar Guild: Janet Gentry, JoAnn Christiansen
Praise Singers: Chuck & Lynn Valentine

Sun., November 3, 2019

Ushers: (8:00) Larry & Joni Graham, Volunteers
 (10:00) DiAnne Beynon, John Gustafson,
 Volunteers
Ambass.: (8:00) Bettie Everson, Tonya Mund
 (10:00) David Linde, John Linde
Elements: (8:00) Gwyn Brechtel, Barb Shelton
 (10:00) Nancy Lorenzen, Bea Lundgren
Lector: (8:00) Bob Fanello (10:00) Allen
 Neumann
Lay Assist: (8:00) Bob & Lori Fanello
 (10:00) Allen Neumann, Mike Schultz
Altar Guild: Gwyn Brechtel, Ardy Stevens
Praise Singers: Ted Croisant, Bob McVinnie