



Special points of interest:

Sunday Worship
8:00 AM
10:00 AM

Rejoicing Spirits
6:00 PM (2nd Thursday)

Family Worship (Gym)
4:30 PM (2nd Saturday)

Contact:
office@alpinelutheran.com
815-399-5013

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From Pastor Desk:

Monday, June 24, 2019

Volume 46, Issue 13

*"Do not be conformed to this world, but be transformed by the renewing of your minds, so that you may discern what is the will of God—what is good and acceptable and perfect"
(Romans 12:2).*

God desires for us to draw near to God with both our hearts and our minds. One of the best ways to do that is to think, pray, and meditate on God's truths each day. There are multiple formats and ways to do this, but this is essentially what daily devotions are all about. On one hand, we could simply read a Bible passage each day and then pray. However, many Christians have discovered that being lead through a Bible reading by an author - benefiting from their insights and applications - can help us to connect with God's word on far deeper levels than we are able to on our own.

Here are some recommendations. There are print and online editions of most of these devotionals:

1. Read a scripture
Here are 2 Bible reading plans that I found helpful
 - a) <https://www.navigators.org/resource/bible-reading-plans/>
 - b) <https://www.biblegateway.com/reading-plans/>
2. Our Daily Bread <https://odb.org/>
3. My Utmost for His Highest <https://utmost.org/>
4. The Lutheran Hour <https://www.lhm.org/> (click on today's devotion link)
5. Download The Lutheran Hour's Mobile App
6. The Upper Room <https://www.upperroom.org/devotionals>

Great Christian books to read:

The following is a list of recent books that have inspired either myself or my wife Pr. Lucy Wynard. They are great books that help us to see and discover not just how God feels about us but how God is moving in our lives and our communities to transform the world around us.

1. Any book by Henri Nouwen but especially *The Wounded Healer*, *The Inner Voice of Love*, *Life of The Beloved*, *The Way of the Heart*.
2. *Daring Greatly: How the Courage to Be Vulnerable Transforms the Way We Live, Love, Parent, and Lead* by Brene Brown
3. *Surrender to Love: Discovering the Heart of Christians Spirituality* by David Benner
4. *Liturgy of the Ordinary: Sacred Practices in Everyday Life* by Tish Harrison Warren
5. *I'm Still Here: Black Dignity in a World Made for Whiteness* by Austin Channing Brown. This is a great book that helps us to see how our race and ethnicity frames not only our customs and culture, but also our worldview, beliefs, and faith practices.

BY THE NUMBERS

Attendance 6/9/19 59 + 54 113 Attendance 6/16/19 65 + 54 119

Required total receipts weekly.....\$8,213.71

Gen Fund 6/9/19	\$4,244.00	Gen Fund 6/16/19	\$11,923.00
Forward in Faith	\$1,640.00	Forward in Faith	\$535.00
Surplus/Deficit	-\$2,329.71	Surplus/Deficit	+\$4,244.29

Surplus/Deficit YTD..... +\$10,676 (5/31/19)

*Please note that year to date totals include several pre-payments of annual pledges.

*Please be
Praying for...*

Pray for Alpine members:

Pat Anderson, Rick Bried, Mike Bukowski, Cindy Bulthaus, Pat Christiansen, Tim Christiansen, Ernest & Mary DeNale, Doris Fransen, Marybeth Gillette, Rich & Jan Hill, Peggy Lillegaard, Richard Lovitt, Jack & Norma Lucas, Marguerite Luth, Marian Olson, Ron & Jan Pauly, Donna Steele, JR Stropes, Melissa (Bukowski) Stucky & Family and Darold Walker.

Pray for our friends and family of Alpine:

Sally Atkinson, Iris Blake, Kim Braun, Linda Carter, Linda Conness, Patrick Cooper, Barbara Difiore, Jerome Gill, Daniel Hendrickson, Kathleen Lovins, Sharon Mund, Carol Nelsen, Aileen Petersen, Tom Rogers, Bob Schult, Jeremy Sturges, Don Tennant, Brendan Welsh, Penny Wendling and Debra Whittock.

All In the Family

Birthday thanks came in from **Margo Grigalonas** and **Bettie Everson**. Our love and sympathy goes out to the family of **John Ralston** who died on June 6th. **Cary and family** wish to thank Pastor Dan, the congregation and friends for the support given through cards, prayers and help during the grieving process. **Ron Pauly** would like to thank everyone for the flowers he received at St. Anne's.

Worship Schedule :

Sunday Worship service times are **8 & 10:00 AM**. Children's Church will continue to meet during the 10:00 AM worship service.

Every 2nd Thursday, Rejoicing Spirits Worship at **6 PM**. A no hush service

Every 2nd Saturday, Family Worship at **4:30 PM**. A service in our gym with family activities following.

Bible Studies :

- * Tuesday Men's Breakfast Bible Study at 6:45 am at Sunrise Restaurant
- * Wednesday Morning Bible Study at 10 AM, Conference Room

Adult Forums: Meets between services on the 1st Sunday of every month. A light breakfast will be served.

To reach Pastor Dan after office hours, you may call 815-399-5487. Please leave a message and he will respond as soon as possible.

Praying weekly for Alpine's membership has had a very positive effect on our church! We have had many positive and thankful responses from those we have been praying for. The benefits are so great that we have decided to make this an ongoing part of Alpine's church life. Some comments we've received are "power of prayer - it works!", "just what we needed", and loads of thanks! Even though we are praying for a few families each week, please call Pastor Dan whenever the need arises for extra prayers you may have.

Together we worship, together we pray, together we love.

Here are the members for the next few weeks.

June 30th—John & Nancy Fridh; Bill & Pam Frey; Shirley Finger; and Jan Galster.

July 7th—Al, Sarah, Matthew & Alexis Neumann; Rolly Greenland; and Robert & Bea Lundgren.



Thursday, July 4th—Independence Day, Office Closed
Thursday, July 11th—Rejoicing Spirits, 6:30 PM
Monday, July 8th—Confirmation Camp begins
Friday, July 19th—Work Campers leave
Monday, July 22nd—RALM Golf Scramble



Many thanks to those of you who were able to help with our garage sale. It is a lot of work but the funds raised help us with our work camp expenses. Thanks again!



Worship in the Park!

This summer, Alpine Lutheran, joined with Shepherd of the Valley, will be holding a worship service and meal in the great outdoors. On **Sunday, August 11th** we will gather at **Olson Swedish Heritage Park** for our Sunday service (no services will be held at the church). This will be a great opportunity to connect with family, friends and neighbors through God's Word and great fellowship. We are looking for volunteers to help coordinate and plan this event along with volunteers from Shepherd of the Valley. Please contact Pastor Dan if you are interested.

We continue collecting our **Stop Light Collection for Alpine Fest expenses**. You will find the stop light in the Narthex and may donate your change to help us fund our annual celebration.

From the SCRIP Desk:

Get ready for your summer vacation by stopping by the SCRIP desk and purchase gas, food, and hotel cards for your trip. Traveling with gift cards is safer than carrying cash and why put your credit card into over drive if you can use SCRIP cards. Remember some items on the order sheet are not in stock and must be ordered so plan ahead if you are planning to use SCRIP cards for your hotel stays. (Deb Geeser)

KEEP CALM...SHOP SCRIP

During the summer months several of our groups don't meet as regularly as the rest of the year.. The **Adult Forum** will not meet every first Sunday. Please watch for announcements in the Summit and worship folders for the topics and when they will meet. The **Men's Breakfast** will not meet in July but then plan to continue to meet on the second Saturday of the month. Our **Wednesday Morning Bible Study** will continue meeting on Wednesday mornings with some exceptions for when Pastor Dan is away for camps in June & July. **Altar Guild's** next meeting is Saturday, September 14th. **Confirmation** will not meet again until after school is back in session. Enjoy your summer!

The **Rockford Midtown Market** began on Saturday, June 1st and will run from 9am-noon in the Rockford Public Schools District 205 Parking Lot for 15 weeks. The Market's purpose is to encourage a community gathering for ethnic food, farm produce, coffee drinks, kid activities, music, and crafts. The Rockford Midtown Market is a partnership between Katie's Cup and the Rockford Midtown District Association. They are still receiving applications for vendors and anyone who wants to volunteer. Please contact Market Manager Deb Ibisevic at rockfordmidtownmarket@gmail.com.

You are invited! Dr. Lori Fanello is retiring as the Boone-Winnebago Regional Superintendent of Schools. An Open House Retirement Party will be held at Giovanni's on Tuesday, June 25th from 3—5:00 PM. Come, celebrate and wish her well as she enters this new phase. Alpine is very proud of all of her accomplishments in her position.

We will be **skipping** the first **Summit of July** for the July 4th holiday. There will be Summits June 10th, June 24th and July 15th. Please plan your article accordingly. (Lynn Valentine)

Are you on Facebook? Search for our page "Alpine Lutheran Church of Rockford", then like and follow our page while you are there. You will be able to see and follow any Alpine events that are posted to the page. When there is an event posted, if you click like and share, all of your friends will see the event too. What a great way to share what is going on at Alpine with others! (Scott Dabson)

In July, our youth and a few adults will be traveling for this year's **Work Camp** mission trip in Dexter, Maine. As in the past, we are asking for donations to help cover gas costs for the van and truck that we rent. We can use Mobil gift cards (purchase through SCRIP and earn money back for Alpine) as well as good old cash. Donations can be turned in to the office before July 15th. We thank you in advance for your support of this often life transforming experience.

Come and help **Louise Hemenway** celebrate her **90th birthday** on **Sunday, July 7th**. She and her family will be providing cake and coffee during the coffee hour. God's blessings on Louise on this special birthday.



Alpine Academy
of Rockford
Faith • Family • Future

Summer is here. Hooray! Summer Camp has also begun. We have a nice number of students participating in the Camp with good leadership in Jody Dabson and Dianna Sundeen. They have good help with four other leaders. So, I pray all will go well for the Camp.

Now is the time for finding families to invite to Alpine Academy. We have openings in all classes. We have a strong academic and Christian curriculum and we want to share it with those families searching for a faith based school home. Admissions Director, Scott Dabson, has been busy contacting prospective families. If you have a possible family for Alpine, give Scott a call at 815-227-8894. He will make the contact.

Mrs. Beynon and I work on curriculum review every Wednesday over the summer. We had our first meeting last week and she gave me an assignment for tomorrow. I enjoy delving into this information and I enjoy working with a curriculum expert in DiAnne. We hope to expand some areas of curriculum.

We thank the church for the mulch bordering our building and trees. It brightens up the whole property. I also thank Jim Hill for painting the school kitchen and spending so much time helping teachers to move classrooms. We are preparing for larger class sizes for next year and some teachers have had to change rooms. This is always a hard thing to do, but necessary.

In Christ,
Bob McVinnie, Principal

Alpine Academy of Rockford

In partnership with
Alpine Lutheran Church

Give your child the gift of a quality education that enriches the lives, spirits, and minds in a safe environment.

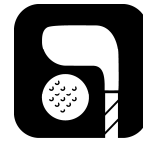
815-227-8894

Now enrolling students for our 2019-20 school year

This summer the Soc. Min/Conn. Committee will be collecting **jars of peanut butter** for the **Rock River Valley Food Pantry**. Please watch for signs and a drop off area. Also, this year's **God's Work, Our Hands** project is a collection of sock and undies for those in need. We will be collecting all sizes. Please watch for a collection area in the vestibule. They will be collecting until September.

Do you enjoy the fellowship during our coffee hour?

Why not provide treats to be served. You do not need to be a master baker. Purchased treats are just as good. We also need juice to be served along with the coffee. Then all you need to do is man the table. It is very simple. (Help with clean-up is also appreciated.) A sign-up sheet is available by the coffee. (Laurel McVinnie)



Rockford Area Lutheran Ministries annual Golf Scramble is Monday, July 22nd at Swanhills Golf Course.

Sign up your foursome or individually to form a group. The cost is \$90 per person and includes lunch, green fees, cart, golf balls, tees and more. All registrations received before July 1st will receive a \$5 discount. Please contact RALM at 815-962-4279 for registration info.

Alpine Endowment Fund - give a gift and "leave a legacy".

Brochures are available on the table in the coatroom or in the brochure holders on the walls in the narthex. Donations are always accepted.

Are you new to Alpine? Do you have a photo on our Family Wall?

Many visitors to Alpine like to stop and read about the families that are currently members of Alpine. Is your family represented? Is your story up to date? Please submit a family photo and a short "bio". There are forms available in the pocket on the wall. If you would like to update your photo or information, we would love to do that as well. Just resubmit your info and we will update it. (Dave DeNale)

Alpine's Children Ministry



Although there is no specific **Vacation Bible School** scheduled, like last year, Alpine Academy's Summer Camp program, "Passport to Fun", will include a Bible lesson.

Every Tuesday through Friday a short lesson exploring Paul's travels around the world will be enjoyed. Please contact Alpine Academy for more info, camp registration and fees.

815-227-8894



-**Katie's Choice Book Club** meets every 2nd Thursday of the month at 10 AM. Each month a new book is chosen to discuss. Bring your copy and join the discussion.
 -**Katie's Cup Bunco**: Join us every 3rd Thursday of the month at Katie's Cup for a session of Bunco and great fellowship. We meet from 1:30—3 PM.

* * * * *

Laundry Love—This program, part of **RALM**, provides free laundry services to the needy every 3rd Wednesday of the month at Charles Street Laundromat. The program exists to help alleviate the strain that poor health and hygiene places on the most venerable members of our community. Co-Coordinator are Bob Black & Dave Musser.

Keep Alpine Updated: With current HIPAA laws, **the church is not informed when you are hospitalized**. Please have a friend or family member notify the church directly. OSF St. Anthony's and Rockford Memorial does not call at all, Swedish American only calls when you are admitted to the hospital through your physician, not the ER. We want to keep in contact with you especially when you are in need of support.

Milestone Adopt a Camper—For \$100 you can sponsor a camper for 1 week at camps in IL, WI and IA; or for \$75 you can sponsor a camper at Camp Winnebago. Please contact Milestone, 815-639-2965, if you want to make a donation or have any questions.

Habitat for Humanity kicked off its build season Saturday, May 4th! In between and all through August we will be building! Won't you come out to our sites some Tuesday, Thursday or Saturday to help us help four families realize their dream of home ownership? Please email or call Mona, monaschupbach@rockfordhabitat.org, 815-636-4573, with any questions!



A Prayer For Your Family Vacation

Dear Lord,

Please bless this time of family vacation. Help my family to get along, to enjoy one another. Maybe toss a couple of those idyllic imagined scenes into our path?

May we be able to see the wonder You instill within the chaos of our days – whether we vacation near or far away from home.

On this everyday, normal day that's somehow still outside of our routine, help me to embrace my family, this time of vacation, and the ordinary yet extraordinary gifts You've given.

Open my eyes to see that vacation will end but the memories of it will remain and give me the strength to make them sweet. Pour some of that strength into my very being and bring me through to the end of vacation with a thankful heart and unceasing praise.

Amen.

(DaySpring Cards)



Alpine Academy Summer Camp
 Preschool 3 yr. to 5th grade
Camp Starts Friday, May 31st, 8 AM—3 PM

Cost is \$125/week or \$35/day
 A registration fee of \$25
 will be collected from each family.

Enrollment forms
 are available outside the school office or online at
alpineacademyofrockford.com



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www.alpinelutheran.com

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RETURN SERVICE REQUESTED

**Worship Times –
Sun. 8:00
& 10:00 AM**

See what Alpine has to
offer you on the Web!
alpinelutheran.com

THOSE WHO SERVE

Sun., June 30, 2019

Ushers: (8:00) Carol Johnson, Tonya Mund,
Jack Phillips, Volunteer
(10:00) Volunteers
Ambass.: (8:00) Bettie Everson, Carole
Rogers
(10:00) Craig & Barb Shelton
Elements: (8:00) David & Laura DeNale
(10:00) Craig & Barb Shelton
Lector: (8:00) Bob Fanello (10:00) Dick
Nelson
Lay Assist: (8:00) Bob & Lori Fanello
(10:00) Dick Nelson, Mike Schultz
Altar Guild: Jaime Doubek, Bob McVinnie
Praise Singers: Joan Greeny, Laurel McVinnie

Sun., July 7, 2019

Ushers: (8:00) Larry & Joni Graham, Don
Torgerson, Volunteer
(10:00) DiAnne Beynon, John Gustafson, Bob
Peterson, Volunteer
Ambass.: (8:00) Chuck & Janet Gentry
(10:00) David Linde, John Linde
Elements: (8:00) Chuck & Janet Gentry
(10:00) Mark & Christine Stohle
Lector: (8:00) Craig Shelton (10:00) Lynn
Valentine
Lay Assist: (8:00) Roger Bastian, Craig Shelton
(10:00) Chuck & Lynn Valentine
Altar Guild: Gwyn Brechtel, Ardy Stevens
Praise Singers: Ted Croisant, Bob McVinnie