



Special points of interest:

Sunday Worship
8:00 AM Traditional
10:00 AM Praise
10:00 AM Facebook Live

Church Office Hours
Mon.—Thurs.
8:30 AM—4:30 PM
(Lunch 12:30—1:30 PM)

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Monday, March 6, 2023

Volume 50, Issue 6

From Pastors Dan & Lucy:

10 Things to Know about Lent

1. Lent is a 40-day period, excluding Sundays, leading up to Easter. It begins on Ash Wednesday and ends on Holy Saturday, the day before Easter.
2. Sundays are excluded from Lent because every Sunday is a mini-Feast Day – a celebration of Christ’s resurrection, which makes them inappropriate days for fasting and mourning our sin.
3. Lent is among the oldest church traditions we celebrate. Mention of Lent goes all the way back to the council of Nicea in 325 A.D. (a gathering best known for producing the ‘Nicene Creed’) In the fifth of twenty canons the council produced, dealing with various aspects of church life, is mention of “tessarakonta” (which is the original Greek for ‘forty’) – a forty-day preparatory period leading to Easter.
4. 40 days was adopted in imitation of the forty days Jesus spent in the wilderness at the beginning of his public ministry, when he fasted and was tempted by Satan.
5. Our word “Lent” simply comes from an Old English word for spring, which also means “lengthen” – because it’s the time of year when the days are lengthening.
6. English is unique – in most other languages this church season is named something that derives from “forty” – “Cuaresma” in Spanish, Carême in French, etc.
7. The beauty in the English word is it reminds us not to put too much emphasis on our own efforts at self-reform. Just as the days lengthen as the sun shines in the spring, and warmth and light increase, completely apart from our efforts – it is the Son of God who does the real work of lengthening our spiritual growth. Our job in Lent is to participate with God’s grace at work in us.
8. Lent is very ecumenical – that is, Christians from all the main “branches” of the Church’s family tree, Catholic, Orthodox, and Protestants, mark Lent in some way. Because its practice started before the major schisms of the Church occurred, Lent is a good time to remember our unity as followers of Jesus.
9. Lenten practices or disciplines are incredibly varied – and there is no one right way to mark Lent. Traditionally the church has encouraged fasting from certain things and adding other spiritual disciplines as a way of focusing on drawing closer to God.
10. Lent is actually a joyful season! It prepares us for the most celebrated, most joyous of Christian holidays – Easter, the day of Jesus rising from the dead. This is the double focus of Lent – preparing our hearts and lives and rejoicing in God’s power and grace.

I hope you’ll join us at Alpine in hoping, rejoicing, and preparing our hearts and lives this Lenten Season. I can’t wait for Easter!

BY THE NUMBERS

2/19/23	41 + 39	80	2/26/23	31 + 47	78
Online Views		10	Online Views		11

Required total receipts weekly.....\$7,759.44

Gen Fund 2/19/23	\$9,263.00	Gen Fund 2/26/23	\$11,204.00
Forward in Faith	\$3,843.00	Forward in Faith	\$1,573.00
Surplus/Deficit	+\$5,380.94	Surplus/Deficit	+\$5,118.56

Festival\$101.00 Unexpected Blessings\$34.38

*Many of the beginning of the year financial totals include full year pledge amounts.



Pray for Alpine members:

Linda Becker, Cindy Bulthaus, Mary DeNale, Marybeth Gillette, Jan Hill, Jim Hill, Pam Hodges, Les Johnson, Valerie Miller, JR Stropes, Melissa Stucky, Jeanne Tengren, Don Torgerson, and Pat Turmo.

Pray for our friends and family of Alpine:

Sally Atkinson, Kim Braun, Linda Conness, Cornelia Foley, Daniel Hendrickson, Darlene Johnson, Kathleen Lovins, Todd McDonald, Sharon Mund, Judy Osiwalla, David Rawls, Bob Schult, Jeremy Sturges, Don Tennant, Penny Wendling, and all those in the Ukraine conflict and Turkey earthquakes.

All in the Family

Birthdays came in from **Jeanne Tengren** and **Marlene Bukowski**. **Alan Garrett** would like to thank everyone for their cards and prayers and Pasto Dan for his prayer, visits and phone calls. The family of **Louise Hemenway** would like to thank the congregation for their prayers during her illness and love and kind words upon her passing. Louise loved her Alpine family very much. **Nancy Matthews** sends her thanks for the birthday wishes, cards, cake and flowers that made her 80th birthday very special.

Worship Schedule :

- **Sunday Worship:**
8:00 AM Traditional Worship
10:00 AM Praise Worship/ YouTube-Facebook Live
- **Children's Church** meets every Sunday during the 10 AM worship, monthly Grab & Go packets will continue to be available for pick-up.
- **Academy Chapel:** 2:15 PM every Tuesday 1st—6th grades, 9:15 AM every Friday Preschool—K Everyone is invited
- **Rejoicing Spirits: Every 1st (in person) & 3rd (Zoom) Thursday,** 6:00 PM This service is for those with developmental disabilities, their families, caregivers, and others.
- **Men's Bible Breakfast:** 7:00 AM Tuesdays, Sunrise Restaurant
- **Wednesday Bible Study:** 10 AM, Conference room



Pastor Dan's office hours: Mondays 12:00-3:00; Tuesdays 9:00 – 3:00; Wednesdays 9:00 – 3:00; and Thursdays 1:00 – 3:00. He is also available at other times by appointment.



Praying weekly for Alpine's membership has had a very positive effect on our church! We have had many positive and thankful responses from those we have been praying for. The benefits are so great that we have decided to make this an on-going part of Alpine's church life. Some comments we've received are "power of prayer - it works!", "just what we needed", and loads of thanks! Even though we are praying for a few families each week, please call the office whenever the need arises for extra prayers you may have.

**Together we worship, together we pray,
together we love.**

March 12th — Louise Dorris; David & Laura DeNale; Kelly & Hanna Denk; Shirley Finger; and Teresa Schoepski.

March 19th — Joni Graham; Gerald & Mari Hanson; Megan Brechtel; and Bryce & Cindy Bulthaus.

Sunday, March 12, 2023

Ushers: (8) Jim Anderson, Bob Fanello (10) DiAnne Beynon, Mike Schultz

Ambassadors: (8) Jack & Carla Phillips (10) Amanda Dabson, Aaron Ayen

Lector: (8) Carla Phillips (10) Allen Neumann

Lay Assistant: (8) Glen McDonald (10) Allen Neumann

Praise Singer: Jaime Doubek

Sunday, March 19, 2023

Ushers: (8) Karl Okeson, Randy Teske (10) Jim Burnett, Volunteer

Ambassadors: (8) Jan Anderson, Janet Gentry (10) John Linde, David Linde

Lector: (8) Randy Teske (10) TBD

Lay Assistant: (8) Tonya Bagwell (10) TBD

Praise Singer: Becky Toro



We continue with our Lenten theme “**Unfinished: Discovering God’s Call in the Not Yet**”; a theme churches across the synod are using. We are reminded that God is with us in our journey between yesterday and tomorrow. This year’s Lenten devotional is entitled “**In View of God’s Mercy**” by David Boyd. “In these daily devotions for Lent, we take a look at our lives in view of God’s mercy toward us through the sacrifice of his Son for us on the cross.” They will be available in Memorial Lounge.

Our **Lenten Soup Suppers and worship services** continue every Wednesday. Come and enjoy a bowl of soup, some bread, and of course, a dessert every Wednesday prior to the worship service. Starting at 6 PM. Lenten worship in the sanctuary will follow at 7 PM. A sign-up sheet is in the narthex to help with the Soup Suppers. Please mark your calendars and make the time to attend.

March 5th—11th is **ELEA Lutheran Schools week** and in celebration of it the Academy participated in our worship service Sunday, March 5th. Throughout the week, the school will be participating in many fun activities to celebrate the week.

The Altar Guild is now taking orders for our **2023 Easter Glory Garden**. We will have our traditional lilies and tulips. An order envelope is available on the kiosk in the narthex. The cost is \$13 per plant. Orders will be taken through Sunday, March 26th. (Laurel McVinnie)

From the SCRIP Desk:

The Academy is still in need of plastic eggs and candy to fill those eggs. Scrip carries cards for several stores to purchase them. Support the church & the school in one fell swoop. (Jody Dabson)

KEEP CALM...SHOP SCRIP

Calling All C & E Singers! This year’s cantata will be a Good Friday Tenebrae presentation. Rehearsals are every Tuesday at 7:15 PM. We have CDs and music to help us learn the music. All are welcome to join us as we prepare this special musical presentation. (Richard Dowling)

Please note: A birthday was inadvertently missed on the March birthday list. Please add **Matt Hier**, March 25th, to your lists for your birthday greetings.

The **Social Ministries/Connections** committee will be providing a meal at the Rockford Rescue Mission on **Sunday, April 2nd**, Palm Sunday. We will need **sack lunches** to serve to all of the patrons. A sign-up poster is in the narthex as well as bags for the lunches. (John Linde)

Pastor Dan has planned a **1st Communion Class** for **Saturday, March 11th at 10 AM**. Students will receive instruction and learn about the significance of the Lord’s Supper. If you know of someone who would like to attend, please contact either the church office or Pastor Dan directly.

Recently we received a pledge fulfillment from **Wells Fargo**. We appreciate your support of Alpine and our ministries. Unfortunately, Wells Fargo does not notate the name of the giver on the check. If you invest with them and have had a check sent to the church, please see Lynn in the office so that you receive proper financial credit. (Lynn Valentine)

You are invited to attend the **Alpine Academy Easter Program** on **Thursday, April 6th** (time TBD) in the gym. Come and hear our kids share the glory of Easter. Let’s show our support of our school.

The **Memorial Board** has been updated with the names of loved ones who have passed in 2022 and whose families gave to the Alpine Memorial Fund.—The Memorial Committee

Sunday Morning Coffee Hour—It’s great spending time between services enjoying conversations with other members and visitors. It’s especially nice when you can share a bite to eat and a beverage. We need volunteers to provide those snacks. All you need to bring are some treats (purchased or home baked) and a cold beverage. Everything else is provided. Just sign up on the poster by the coffee. Thank you.



We invite all children to come to our **Children’s Church** during the 10:00 worship hour. Grab bags will be available for pick-up.



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RETURN SERVICE REQUESTED

Sun. Worship Times
8:00 & 10:00 AM



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offer you on the Web!
alpinelutheran.com

Called by Christ, our mission is to share God's love.

It's ELEA Lutheran Schools Week 2023! Our week began a day early on Saturday with our Family Feud Dinner when we also celebrated 25 Years of Education at Alpine. Lutheran Schools Week 2023 is a week spent highlighting the ministry of Lutheran Schools and Centers, highlighting the work of the Evangelical Lutheran Education Association, and providing resources to help schools and centers focus on spiritual growth among students, families, and staff.

Throughout the week we will celebrate with fun activities. This week on Tuesday will be Western Wear Day; Wednesday, Mix and Match Day; Thursday, Sports Team Jersey/Shirt Day; and Friday, Dress as your Future Occupation. Alpine Academy is a shining example of the work and efforts being done in Lutheran Schools across the country. You can be proud of the students, staff and families at Alpine Academy. We are so appreciative of the support and love that the congregation of Alpine Lutheran Church continues to share with Alpine Academy, making the Academy and important mission of the congregation.

As we continue our work at Alpine Academy we look forward to sharing the school with potential new families with 2 upcoming Open House Events. First on St. Patrick's Day weekend, March 18th, we will host an Open House at our Main Campus from 9 AM to 11 AM and that same day from 1 PM to 3 PM at our Resurrection Campus. Then on April 1st we will host our Annual Easter Egg Hunt and Open House at our Main Campus beginning at 9 AM. On April 2nd we will host another Easter Egg Hunt and Open House at our Resurrection Campus beginning at 1 PM. Please help us by sharing these events with your friends, family and neighbors.

Speaking of our Easter Egg Hunts, we are in great need of donations of candy and eggs for this year's Egg Hunts. If you are able to help by donating plastic eggs and/or candy please drop it off at either the church or school office. If you'd like to help fill eggs please join us each Wednesday at 5 PM before Lenten Soup Supper. We will also be sharing additional opportunities to volunteer throughout the month.

In Christ,
Scott Dabson
Director
Alpine Academy



Alpine Academy
of Rockford
Faith • Family • Future