

Why Should I Be Part of a Worshiping Community?

In his book *Real faith For Real Life author* Michael Foss writes, "Without worship, we confuse the temporary satisfaction of pleasure for the eternal joy of God's gift of purpose for our lives." As a result, "Our souls begin to shrink." (p.43). Too often Christians think that going to weekly worship is optional. Something to do on the occasion when we aren't too tired and have the time. Foss eloquently explains just how detrimental to our soul it is when we don't meet weekly with others in our faith community to worship God. The influence of the world begins to overwhelm us, and we cease to be the people God created us to be. Our soul in a sense, shrinks. But just showing up is not enough. It is easy to be in attendance, but not participate in worship. Weekly Worship can be a spiritual compass for our lives. If attending is all that you are doing, then you are missing out on receiving the guidance that the Holy Spirit has to offer. Here are some steps to help you

Before worship starts:

- Ask God to prepare your hearts. To help focus not on the cares of the world but on God and to put distractions away.
- Pray for someone else nearby. Pick someone, anyone. This focuses our minds on caring and serving others.
- Ask God to speak and help you to listen and hear what he has to say.

Towards the end of worship:

- Think about how you can respond to what God has said
- Commit yourself to responding to what you have learned.

When we worship, we meet God. Our focus is to be on God, not on ourselves. However, it is ok to expect that our lives will be touched, impacted, or changed by this meeting. It is the very nature of God to transform. Any encounter of God will result in transformation of some sort. We need our weekly worship to have this deep level impact from God on our lives. Without it, we often fall victim to the degrading effects of the world around us.

Join us this summer as we dive deeper into the stories of how God is the real hero of both the Bible and our lives. Come and see how that can make all the difference in our faith.

BY THE NUMBERS

7		
7	6/19 Online views	11
Required total receipts we	eekly\$7,458.56	
\$6,510.00	Gen Fund 6/19/22	\$12,486.00
\$2,285.00	Forward in Faith	\$593.00
+\$1,336.44	Surplus/Deficit	+\$5,756.44
Unexpected Blessing	gs\$136.00	
	\$6,510.00 \$2,285.00 +\$1,336.44	\$2,285.00 Forward in Faith



Pray for Alpine members:

Linda Becker, Rick Bried, Cindy Bulthaus, Mary DeNale, Marybeth Gillette, Louise Hemenway, Rich & Jan Hill, Jim Hill, Dave Lillegaard, Valerie Miller, JR Stropes, Don Torgerson and Pat Turmo.

Pray for our friends and family of Alpine:

Sally Atkinson, Iris Blake, Kim Braun, Linda Conness, Cornelia Foley, Steve George, Jerome Gill, Daniel Hendrickson, Darlene Johnson, Kathleen Lovins, Todd McDonald, Don Moorhouse, Sharon Mund, Dave Nelsen, Peggy O'Riley, Judy Osiwalla, Bob Schult, Pat Seratilla, Jeremy Sturges, Don Tennant, Penny Wendling, all those in the Ukraine conflict.

All in the Family

Birthday thanks came in from Rolly Greenland. Kathy Cor**donneir** expressed her thanks for the cards she received after her recent losses. We also received thanks from **Dave** & Marianne Hoel and the Jaime Doubek family for the kind wishes received after their loss of mother/grandmother, Phyllis Damken.



VACATION FROM CHURCH



10:00 AM Praise Worship/ YouTube-Facebook Live (in-person Praying weekly for Alpine's membership has had a very positive effect on our church! We have had many positive and Children's Church will be meeting the first Sunday of June, thankful responses from those we have been praying for. The monthly Grab & Go packets will continue to be available for benefits are so great that we have decided to make this an ongoing part of Alpine's church life. Some comments we've re-Academy Chapel: 2:15 PM every Tuesday (none in Summer) ceived are "power of prayer - it works!", "just what we need-Rejoicing Spirits: Every Ist (in person) & 3rd (Zoom) ed", and loads of thanks! Even though we are praying for a few Thursday, 6:00 PM (This service is for those with developfamilies each week, please call the office whenever the need arises for extra prayers you may have.

Men's Bible Breakfast: Tuesdays, Sunrise Restaurant, 7:00 AM

mental disabilities, their families, caregivers, and others.)

Worship Schedule :

Sunday Worship:

and online)

pick-up.

8:00 AM Traditional Worship (in-person)



Together we worship, together we pray, together we love.

July 3rd — Michael, Ashley, Ava, Kamryn & Maxwell Spohr; and James, Gayle, Alyssa, Lucas & Kinsey Turmo.



Monday, June 27th—Mental Health Meeting, 5:30 PM Tuesday, June 28th—Empower IL Breakfast, 9 AM Monday, July 4th—Independence Day, Office Closed Thursday, July 7th—Rejoicing Spirits, 6 PM Wednesday, July 13th—Faith Net, 5:30 PM

Summer Events

July 30th—Ice Cream Social August 21st—Alpine Fest

These events have been very successful in the past and we anticipate they will be great fun again. We will need volunteers to help plan and run these events. Please see Scott Dabson if you are willing to help.

Congratulations to our newly elected bishop. **Rev. Stacie Fidlar** was elected to serve a six-year term as bishop of the No. IL Synod. The election took place during the synod assembly. Rev. Stacie Fidlar's installation is scheduled for October 8th at Trinity Lutheran Church.



Join us **Saturday, July 30th,** Alpine will host an **Ice Cream Social** in the gym. We are looking for volunteers to help setup, serve ice cream, and help with clean up. Please see Scott Dabson if you can volunteer.

From the SCRIP Desk:

With the cost of travel going up, maybe this year is the year for a "staycation". SCRIP can help you out with cards from home improvements stores to do projects around the house, Wal-Mart to buy those fun games for indoors and out (maybe even a pool), or even cards to Culvers, DQ, Sonic or Cold Stone for ice cream trips. Stop by an stock up for your "staycation".

KEEP CALM...SHOP SCRIP

Do you enjoy the fellowship during our coffee hour? Why not provide treats to be served. You do not need to be a master baker, purchased treats are just as good. We also need juice to be served along with the coffee. Then all you need to do is man the table. (Help with clean-up is also appreciated.) A sign-up sheet is available by the coffee.

Grab a copy of this month's (and next month) "Living Lutheran"! In the June/July edition, we are introduced to LEAD, Living Everyday As Disciples, a group "committed to developing leaders with deep, bold, consequential faith..." Copies are available on the Care & Concern counter or from the box outside door F. Share your copy when you have finished.

THANK YOU! THANK YOU! THANK YOU!

Many thanks to everyone who contributed items to our annual youth garage sale. John Linde and his crew were able to raise \$1000 that will go towards the youth event for next year. We also thank everyone who contributed delicious desserts for our neighborhood picnic. It is great to get together in fellowship with our neighbors.

I hope everyone was able to join us this past Saturday for our Neighborhood Picnic. It is always a great time to have everyone together. Summer events are wonderful for offering opportunities to connect during months when school is not in session and our church calendar is a little slower.

Throughout this summer much work is being done to ensure that we have a successful start to our 25th School year. In our last Summit I shared information about the Invest In Kids Act and Empower Illinois. We continue to seek individuals who would be interested in making donations to support scholarships for students seeking to attend Alpine Academy. On Tuesday June 28th we will be hosting a breakfast and have invited Empower Illinois to join us to share more about how you can make donations to support these scholarships and receive a 75% Tax Credit for your donation. There is a process that needs to be followed and we're here to help both Alpine Academy and Empower Illinois. If you're reading this on Monday and would like to join us for breakfast to learn more please call me today 815.227.8894 ext. 101. We'd love to have you join us.

At this time while we prepare for our upcoming school year we are also in need of filling several staff positions. If you or anyone you know might be interested in learning more about open positions at Alpine Academy please contact me so we can discuss further. Right now as we plan we are in need of an Office Assistant, Recess Aide, Preschool Teacher, a 4th Grade Teacher, Lunch Aide and Aftercare workers. Again if you are interested or know someone who might be please share this information and contact me or have your friend or family member who may be interested contact me.

We look forward to beginning our celebrations of our 25th School Year with all of you. Your support of this ministry at Alpine has made these last 24 school years possible and we know that your continued support will allow us to continue reaching students and their families and help them to know that lesus loves them and so do we!

In Christ Mr. Scott Dabson Director Alpine Academy



Non-profit org U.S. Postage PAID Rockford, IL Permit #2653

RETURN SERVICE REQUESTED

Alpine Lutheran Church 5001 Forest View Ave. Rockford, IL 61108 alpinelutheran@comcast.net www.alpinelutheran.com

> Sun. Worship Times 8:00 & 10:00 AM



See what Alpine has to offer you on the Web! alpinelutheran.com

THOSE WHO SERVE

Sunday, July 3, 2022

Ushers: (8:00) Glen McDonald, Kathy Mund (10:00) DiAnne Beynon, John Gustafson Ambassadors: (8:00) Les & Carol Johnson (10:00) Mike Schultz Lector: (8:00) Pam Lojewski (10:00) Bob McVinnie Lay Assistant: (8:00) Pam Lojewski (10:00) Nancy Matthews Praise Singer: Bob McVinnie

Sunday, July 10, 2022

Ushers: (8:00) Jim Anderson, Bob Fanello (10:00) Bob Peterson, Marge Rakoczy Ambassador: (8:00) Gene & Donna Seefeldt (10:00) Pam Hodges Lector: (8:00) Donna Seefeldt (10:00) Martin Scott Lay Assistant: (8:00) David DeNale (10:00) Terry Hodges Praise Singers: Chuck & Lynn Valentine