

## From Pastor Desk:

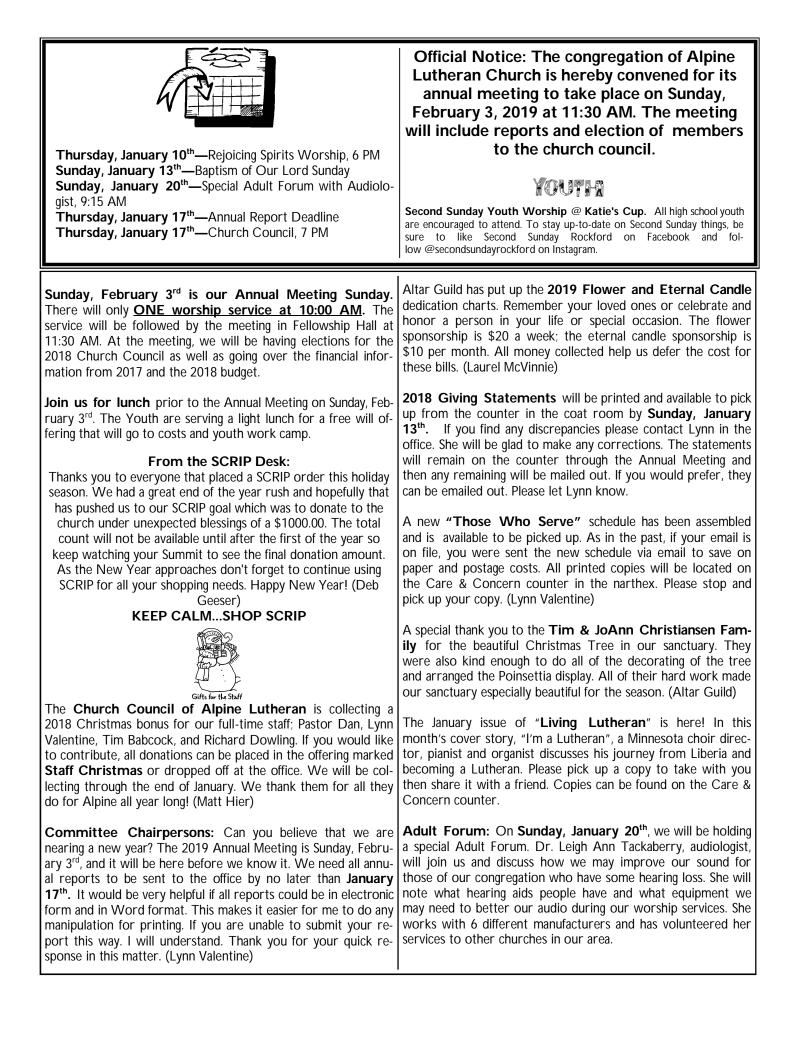
The Holiday season is wrapping up. The decorations are coming down. The frenetic pace (maybe) is lifted. Now we get to settle in for the long winter. As we do, let us take one more moment to look back at what God has been telling us as a congregation. During Advent and Christmas, we examined the idea of Peace On Earth. A phrase that we hear over and over during the holidays. But a concept that is often elusive to us. Here are some of the truths that we examined that might help us to receive and live with this very important blessing of peace in our lives.

- Peace = Wholeness or Completeness. This is in contrast to how the world defines peace as the absence of conflict or dissonance.
- Bad stuff happening does not mean that God is failing (or that peace is not happening).
- When winter arrives and the world feels desolate... look for signs from God that restore hope. Finding these signs helps us to reorient ourselves and our lives back to God.
- We keep waiting for God to change our lives... maybe God wants to change our hearts.
- We make room in our hearts for God by making room in our lives to love people.
- Peace comes when we stop listening to how the world describes us and accept the truth of scripture concerning how God describes us.
- Allow yourself to be amazed by the story of Jesus.
- Don't look for God in buildings, events, or circumstances. Look for God in people and in relationships.
- Glorifying God is not just the proper response to the Christmas miracle it is the process that brings change/peace/joy/love/hope into our lives.
- As we pour out our bitterness, God pours in peace. Bitterness it seems is the antithesis to peace. It must be removed (by us or by God) if peace is to reign in our lives.

## Quote of the week

"So God throws open the door of this world—and enters as a baby. As the most vulnerable imaginable. Because He wants unimaginable intimacy with you. What religion ever had a god that wanted such intimacy with us that He came with such vulnerability to us? What God ever came so tender we could touch Him? So fragile that we could break Him? So vulnerable that His bare, beating heart could be hurt? Only the One who loves you to death." -Ann Voskamp

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<ul> <li>Sunrise Res</li> <li>Wednesday ence Room</li> </ul>	rship service t ch will continu vice. : n's Breakfast B taurant Morning Bible	ie to meet du ible Study at d e Study at 10	uring the 10:00		ect on our ch I responses fr efits are so g ngoing part of re received hat we neede oraying for a f whenever the worship, to we l	urch! We have rom those we h great that we ha of Alpine's chu are "power o ed", and loads o few families each e need arises for gether we pra- love.	had many po ave been pra ave decided t rch life. Som f prayer - of thanks! Eve h week, pleas extra prayer ay, together
Adult Forums of every month breakfast will be To reach Past 815-399-5487. P as soon as possib	n, unless ann served. <b>or Dan aftei</b> lease leave a r	ounced othe	rwise. A light <b>rs</b> , you may call		Michael Vale e; Emily Chr ie Hoel.	istiansen; Diane	Kreighbaum e Griffey; ar





We begin 2019 with a prayer to God for Alpine.

We thank you God for the blessings you have bestowed on Alpine Academy and on Alpine Lutheran Church. We thank you for giving us Your Son Jesus. We ask that you enter our hearts and minds as we celebrate His life, from Birth to Resurrection.

As this new year begins, we ask for your guidance as we teach the children and one another about Jesus- his love, his patience, his forgiveness. We ask for your forgiveness and your help as we forgive one another for disagreements, for hurt feelings, and for misunderstandings. We know that we are part of your great plan for this earth and that we must love each other. Help us to teach this to our children.

We ask for your patience as we walk through each day. Take away that anger that arises when someone puts them self first and us second. Please comfort us and soften our hearts so we can see the other as a child of God, just as worthy of God's love as we think we are.

Help us to be kind to all of Your children and to treat each as our own child. When we do this the children will learn that your love is more than words. Help us to teach them to treat each other with that same kindness and they then will see love grow.

We ask that you continue to Bless Alpine Academy and Alpine Lutheran Church as we tiptoe into this new year. We thank you for the love you have given us and the quiet guidance you provide.

With God's Love, Principal Bob McVinnie



Church

Join us on Sunday for Children's Church during the 10 AM worship. We will be learning about the lessons from the worship service and how we can share God's Word with others.



The **Alpine Lutheran C & E Choir** thanks everyone for attending their cantata performance on Sunday, December  $23r^d$ . If you were unable to attend, a video has been posted to the front page of our website at www.alpinelutheran.com. We thank all of our talented members who worked so hard to provide the congregation with such a beautiful musical experience. Many thanks to Richard Dowling and all that he does for the music here at Alpine.

The next **Rejoicing Spirits Worship** is **Thursday**, **January 10<sup>th</sup>**, **6:00 PM** All are welcome at this no-shush worship that enriches the lives of all people, especially those with intellectual and developmental disabilities. Rejoicing Spirits includes music and joyous singing, brief, meaningful messages and the chance to connect with others. Contact: Pastor Dan for more info on how you can help out (pastor@alpinelutheran.com).

Please prayerfully consider volunteering for a ministry at Alpine. It is becoming more and more difficult to complete our "Those Who Serve" schedule especially during our "snow-bird" months. If you are interested in the any of the areas of serving, please contact the church office and we will direct you to the person who heads up each volunteer position. (Lynn Valentine)

**Carpenter's Place's** need for warm winter boots is critical, and we are asking for your help. The shelves are bare for men's boots sizes 8-11. We also have great need for women's boots, sizes 6-9. Donations of boots can be dropped off in-person at Carpenter's Place between 8:00am and 4:30pm, Monday through Friday. Monetary donations are always accepted as well.

**Calling all those who are musically inclined!** Both of our choirs, the Chancel Choir and the Hand Bell Choir are in need of additional members. We especially need people during the winter months when a portion of our choirs "fly south." Please see Richard Dowling or just come to our rehearsals. Both choirs meet on Tuesday evenings, Hand Bell Choir meets at 6 PM and Chancel Choir meets at 7:15 PM. (Richard Dowling)

Thank you to everyone who contributed to our **Mitten Tree.** The Altar Guild was able to donate 11 scarves, 15 pairs of gloves or mittens and 34 hats for those who may not have enough to keep warm this winter. We appreciate your continued support of this Christmas tradition here at Alpine.

**Pastor Dan will be gone** at a continuing studies conference from January 15<sup>th</sup> to January 27<sup>th</sup>. There will not be any Bible studies while he is gone. If you have any pastoral needs, please call the church office, 815-399-5013, and leave a message. We will return your call as soon as possible.



-Katie's Choice Book Club meets every 2<sup>nd</sup> Thursday of the month at 10 AM. Each month a new book is chosen to discuss. January's book is "Beartown" by Fredrik Backman. "While the story is dark at times love, sacrifice, and the bonds of friendship and family shine through, ultimately offering hope and even redemption." - Publisher's Weekly Bring your copy and join the discussion. -Katie's Cup Bunco: Join us every 3<sup>rd</sup> Thursday of the month at Katie's Cup for a session of Bunco and great fellowship. We meet from 1:30—3 PM.

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**Keep Alpine Updated:** With current HIPAA laws, **the church is not informed when you are hospitalized**. Please have a friend or family member notify the church directly. OSF St. Anthony's and Rockford Memorial does not call at all, Swedish American only calls when you are admitted to the hospital through your physician, not the ER. We want to keep in contact with you especially when you are in need of support.

**Laundry Love**—This program, part of **RALM**, provides free laundry services to the needy every 3rd Wednesday of the month at Charles Street Laundromat. The program exists to help alleviate the strain that poor health and hygiene places on the most venerable members of our community. Co-Coordinators are Bob Black & Dave Musser.

Several of our congregation members no longer are able to drive to attend worship services and church events. We want to create a list of members who are willing to pick someone up and bring them to worship. Please call the office if you are able to assist in this area.

Are you planning on moving? Drop a note to the church office so you do not miss any mailings. The church has to pay for each newsletter that is returned for a wrong address.

**Do we have your family displayed on our Family Wall?** Our Family Wall is a great way to get acquainted with families you may not see every week especially if you attend the opposite worship service. We would like all families at Alpine to participate. Please submit a family photo and a short "bio". There are forms available in the pocket on the wall. If you would like to update your photo or information, we would love to do that as well. Just resubmit your info and we will update it. (Dave DeNale)

A Katie's Cup Conversation:

## Tuesday, January 8 11 am - 12:30 pm

**The Opiod Crisis** 



Presenters: Kristin Crowley Nicole Stein WREX



A conversation with Kristin Crowley and Nicole Stein from WREX television relating their recent findings from an in depth report on the opioid crisis in Northern Illinois.

(A second conversation will be held on Tuesday, February 12, with Pastor Dan Herman, Hope over Addiction)



Lunches available for purchase prior to, during, and after the Conversation. 815.986.0628 Katiescupcoffee@gmail.com



Katie'

Last Acre is the project of Mark and Molly Mathewson, a father and daughter from Illinois. The duo has performed across the Midwest, opening for acts such as Robbie Fulks, Tim Grimm, and Antje Duvekot. Their sound is rooted in traditional Appalachian folk music, with one foot in bluegrass and the other in the prairie songwriting sensibilities of Greg Brown and John Prine. With blood-kin harmonies and dry, tonguein-cheek repartee, the two have been called "as much of an emotional feeling as a musical moment."

**CUP Presents:** Second Thursday Concerts

Music on Thursdays ... on Seventh!



Doors open at 6 pm. Concert begins at 7 pm. Free Admission.

CDs and merchandise offered for sale. Katie's Cup full drink and food menu available. 502 7th Street 815.986.0628 katiescupcoffee@gmail.com www.katiescup.com Friend us on Facebook! Alpine Lutheran Church 5001 Forest View Ave. Rockford, IL 61108 alpinelutheran@comcast.net www.alpinelutheran.com Non-profit org U.S. Postage PAID Rockford, IL Permit #2653

RETURN SERVICE REQUESTED

Worship Times – Sun. 8:00 & 10:00 AM

See what Alpine has to offer you on the Web! alpinelutheran.com

THOSE WHO SERVE

Sun., January 14, 2019	Sun., January 21, 2019
Ushers: (8:00) Chuck Gentry, Glen McDonald, Volunteers (10:00) Marge Rakoczy, Volunteers <b>Ambass.:</b> (8:00) Bettie Everson, Louise Hemenway (10:00) John Linde, David Linde <b>Elements:</b> (8:00) AI & Deb Geeser (10:00) Nancy Lorenzen, Bea Lundgren <b>Lector:</b> (8:00) Bob Fanello (10:00) Bob McVinnie <b>Lay Assist:</b> (8:00) Bob & Lori Fanello (10:00) Zada Doubek, Rashad Hyder <b>Altar Guild:</b> Kathy Mund, Sarah Neumann <b>Praise Singers:</b> Ted Croisant, Jaime Doubek, Bob McVinnie	Ushers: (8:00) Jim Anderson, Bob Fanello, Bryan Garrett, Kathy Mund (10:00) Russ Hornbeck, Dick Nelson, Mike Schultz, Brandon Williams <b>Ambass.:</b> (8:00) Jan Anderson, Carole Rogers (10:00) DiAnne Beynon, Louise Dorris <b>Elements:</b> (8:00) Deb Geeser, Laura DeNale (10:00) Mark & Christine Stohle Lector: (8:00) Randy Teske (10:00) Jari Sproule Lay Assist: (8:00) Tonya Mund, David DeNale (10:00) Maddie Merwin, Volunteer Altar Guild: Laurel McVinnie, Cary Ralston Praise Singers: Chuck & Lynn Valentine