	Special points of interest:	In this issue:
	1942—2017	Statements ready for 3 pick-up
Summit	Alpine Lutheran Celebrates	Memorial sign to be 3 started
	75 Years	Unity Picnic 4
Alpine Lutheran Church 5001 Forest View Ave. Rockford, IL 61108 815-399-5013	In service to God	No. IL Food Bank 5 needs volunteers
	office@alpinelutheran.com	
From Pastor Dan's Desk:	Monday, August 7, 2017	Volume 44, Issue 15

"Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen" (Ephesians 4:29).

Loving others through what we say. We can never take for granted just how powerful our words are. They can easily tear down, humiliate, destroy, undermine, shock, crush, exasperate or defile someone's spirit. On the other hand, they can encourage, build up, strengthen, honor, praise, uphold, empower, embolden, and set free a person's spirit as well. The Bible refers to a person's tongue as a sword, apt imagery for something so powerful. Often I am discouraged at how carelessly people act towards what they say to others. Too often we think little about our words and their impact on the people we are talking to. We are too consumed with getting our point across, accomplishing our agenda, having our say, impressing others with what we know, or simply intimidating and manipulating those around us. Despite all of the painful ways we have been hurt by words, it is too easy in our society to forget that we have the very same power.

That is why this verse can never be emphasized enough. Our words are one of the primary ways that we can communicate our love for someone. It is not enough to think "well they know that I love them, no reason to say it." It is not about knowing, but about experiencing love that makes it so powerful. We all need to experience this love through the words that are communicating to us. Two things that stand out to me that are often overlooked in this verse. 1) We need to build one another up "according to their needs" (i.e. we need to encourage and affirm others as they need, not necessarily the way we want to be affirmed). 2) "That it might benefit those who listen." This is especially important for families. Too often parents are unaware the impact their communications have on their children. They are so caught up in their anger, frustration, and hurt that they feel compelled to voice it in unhealthy or destructive ways. Although this might make you feel better at that moment, long term it has a powerful impact on your children, who are listening whether we like it or not. Bad habits are hard to break. Bad communication habits are no different. It takes vigilance and a strong desire to communicate love, to encourage and affirm others, to make this kind of change. But it is so worthwhile. God has opened his heart to us, shared his love with us, and changed many of us in ways we could only have dreamed of. Let's all take time to regard our words as so important that we strive to use this power that God has granted us to communicate that very same love to those whom God has placed in our lives.

(For a deeper understanding of God's love and the power it has to help us to love others, come join us for worship every Sunday at 8 & 10 AM. This summer we are looking at the great Faith of women in the Bible and how adopting their faith can not only strengthen ours but enable us to love deeply).

TREASURER'S REPORT

Attendance 7/23/17	70 + 71	141	Attendance 7/30/17	62 + 57	119
	Require	d total receipts	weekly\$8,452.92		
Forw Surpl	Fund 7/23/17 ard in Faith us/Deficit	\$3,247.00 \$1,011.00 -\$4,194.92	Gen Fund 7/30/17 Forward in Faith Surplus/Deficit	\$3,454.00 \$1,609.00 -\$3,389.92	
5	3/54 Surplus/		Unexpected Blessings\$1	110.00	
	Jeanne Carter,		Richard & Nancy Ewert, Do		

Liz Bertolotto, Rick Bried, Jeanne Carter, Pat Christiansen, Richard & Nancy Ewert, Doris Fransen, Marybeth Gillette, Jan Hill, Louise Hemenway, Greg Hunt, Alyce Krusemeier, Peggy Lillegaard, Norma Lucas, Kjell & Marguerite Lusth, Barbara Nelson, Ron Pauly, Gerry Perala, Betty Peterson, Bob (Sue) Peterson, Donna Steele, Jim Stropes and Chuck Valentine.

Pray for our friends and family of Alpine:

Steve Abbott, Carol Jean Backer, Kim Braun, Linda Conness, Jerome Gill, Daniel Hendrickson, Steve Klotz, Pr. Woody & Diane Knutson, JoAnne LaPorte, Kathleen Lovins, Maryann Moorhouse, Carol Nelson, Aileen Petersen, Tom Rogers, Bob Schult, Nora, Sophia, Rett, Tripp & Liz.

All In the Family

Birthday thanks came in from Darold & Sharon Walker. Carole Rogers sends her thanks for the cards and prayers after the loss of her niece. Marlene Garrett expressed her thanks for the kind expressions of sympathy at the time of her brother's death. God's blessings go out to Logan James Peyton who was baptized into the Lord's family. Proud parents are Evan & Erin Peyton. Our love and sympathy go out to the Hier family for the death of Matt's mother. Donna Brenner wishes to thank everyone for the beautiful altar flowers she received.

Worship Schedule :	Praying weekly for Alpine's membership has had a
Our Sunday worship service times are 8 & 10:00 AM. Children's Church will continue to meet during the 10:00 AM worship service.	very positive effect on our church! We have had ma positive and thankful responses from those we have be praying for. The benefits are so great that we have deci ed to make this an ongoing part of Alpine's church li
Bible Studies :	Some comments we've received are "power of prayer - it works!", "just what we needed", and loads of thanks! Even
 Tuesday Men's Breakfast Bible Study at 6:45 am at Sunrise Restaurant 	though we are praying for a few families each week, please call Pastor Dan whenever the need arises for extra pray-
* Wednesday Morning Bible Study at 10 am, Confer- ence Room, breaks for summer	ers you may have.
* Wednesday Evening Bible Study at 7 PM in either the	Together we worship, together we pray, to-
Conference Room or Fellowship Hall. Currently on	gether we love.
Conference Room or Fellowship Hall. Currently on break, will possibly resume next year.	gether we love. Here are the members for the next few weeks.
 Conference Room or Fellowship Hall. Currently on break, will possibly resume next year. Adult Forums: Meet between services on the 1st Sunday of every month. A light breakfast will be served. We will break for summer. 	C C



Wednesday, August 9th—Youth Connect Bonfire Worship, Christ Lutheran, 6 PM Saturday, August 12th—Unity Picnic, at Camp Winnebago, 1-4 PM Wednesday, August 16th—Academy 1st day back Thursday, August 17th—Church Council Picnic @ Shelton's Saturday, August 19th—Men's Breakfast, 9 AM Monday, August 28th to Friday, September 1st— Pastor Dan on vacation

Notice to The Congregation of Alpine Lutheran Church: The church will be using designated memorial money to build a new sign out front in memory of Pr. Larry Mathews. The money being used was specifically donated for this project and no money form the Alpine Lutheran Church budget is being used in the purchase of this sign.

From the SCRIP Desk:

School will be starting in just a few weeks. As many families are getting school clothes, supplies, and those dreaded pairs of shoes needed for their child's school year, what about those sack lunches that will be needed. Did you stock up on the scrip

grocery cards? Scrip has the following grocery retailers GFS, Meijer, Wal-Mart and Woodman's. Grandparents and parents of college age students, students can always use a care package of food and extra money to get those necessities that are always in

the pantry or linen closet at home. Now that they are away from home they actually have to buy those items. Why not send SCRIP cards for retailers that are around their campus. If there is a specific retailer that is close to your student's campus and you do not see it on the order form contact Deb Geeser. Many other retailers participate in the program that are not in Rockford. (Deb Geeser)

KEEP CALM...SHOP SCRIP

SAVE THE DATE:

Saturday, November 11th will be our culmination to our 75th Anniversary Celebration. Please mark your calendars and plan to attend this celebration. Many thanks to our Anniversary Committee and all of their hard work to make this year a special one for all Alpiners.

Church Council members: Our August meeting on Thursday, August 17^{th} , will be a picnic at the Shelton's home. Meat and beverage will be provided. An email will go out with what everyone should bring.

The August edition of *"Living Lutheran"* has arrived. In this month's cover story, we learn about St. Mark Lutheran preschool in Virginia that has earned national recognition for their innovative education through nature. Copies are located on the Care & Concern counter.



Wednesday, August 9th, Youth Connect will have a Bonfire Worship with homemade escape room game. It will be at Christ Lutheran from 6-8 PM.

Have you signed up with RightNow Media? They offer many videos specifically targeted for youth and the many issues they face. If you need an invite sent to your email, contact Lynn in the office.



Bob McVinnie is planning a **Men's Breakfast for August**. He would like to move it this month to the 3rd Saturday. We will meet **Saturday, August 19th at 9 AM.** Come and share in the fellowship (with a nummy breakfast)!

The **Social Ministries Committee** continues their new outreach for 2017. We are making donations of non-perishable foods to the **Emmanuel Food Panty**. As always we will accept monetary donations. Please place food donations in the barrels by the doors; **August – Cereal**, September – Meats/ Tuna, October – Pasta and Chili. (Social Ministries Committee)

The **half year statements** are printed and ready for pick-up on the Care & Concern counter in the narthex. If you would like it mailed out , please contact the office, 399-5013.

Do you do any planting at home? Ever have containers left after transplanting your plants? Violet Peterson would like to take them off your hands. She uses them for the plants that are sold at the youth garage & plant sale every year. You may drop them off at church or give them directly to her. (Violet Peterson)

Alpine Endowment Fund - give a gift and "leave a legacy". Brochures are available on the table in the coatroom or in the brochure holders on the walls in the narthex. Donations are always accepted.

Is your **Family Wall story** and photo up to date? Many visitors to Alpine like to stop and read about the families that are currently members of Alpine. Is your family represented? Please submit a family photo and a short "bio". There are forms available in the pocket on the wall. If you would like to update your photo or information, we would love to do that as well. Just resubmit your info and we will update it. (Dave DeNale)



Thank you to all who send prayers and support to Alpine Academy. We pray we follow the ELCA guideline of "God's Work, Our Hands" as we prepare students to be the "shining city on the hill". Here they learn to act on their faith and to be leaders in the community. Your support helps to provide the resources so our teachers and aides and staff can do their work in showing God's love.

We also thank you for providing pop can tabs to our three year old class under the guidance of Joanne Ellingson. I am including a short report that Joanne wrote to explain what happens with the pop can tabs and Ronald McDonald house.

"Whoever would have thought of pop tabs being a blessing? Well, they most certainly are. On behalf of 2 boys I know, I just personally want to give a big heartfelt thank you to every one of you for taking the time to save the tabs from your cans. Jordan, one of the boys, just went into Chicago bringing with him two 33 gallon trash cans completely filled with tabs to help the Ronald McDonald House. He was recently honored for collecting his one millionth tab for Ronald McDonald. Jordan is going into sixth grade and he has a heart condition. He will be needing a heart transplant in the near future. He knows the Ronald McDonald House helps the families provide a home to stay while their child is in the hospital. One of his friends is Braeden who is in 4th grade. Braeden recently had a heart transplant and he spent 267 days in the hospital. Now, with a new heart, he is able to do so many things previously not allowed. I ask you to do two things for these boys- Save your tabs and Pray for them. These tabs are truly put to good use for all the families that stay at Ronald McDonald House. I, Joanne Ellingson, thank you."

I thank Joanne for making this her classes community service project and I look forward to learning of more positive outcomes for these boys.

Summer is nearly over and school will begin soon.

In Christ,

Thank you,

Bob McVinnie, Principal of Alpine Academy

The Scholarship Committee and Alpine congratulate our 2017 Scholarship recipients; Chandler Chockalingam, Nicholas Chockalingam, and Brianna Geeser. God's blessings go out to them as they continue their studies.

Have you bought your tickets? The **75th Anniversary Committee** has begun selling raffle tickets as a fundraiser for our 75th Anniversary Celebration. Tickets are \$2 each or 3 for \$5. The prizes you can win are: **1st Prize**—Diamond ring valued at \$1000; **2nd Prize**—2016 Chicago Cubs World Series framed poster; and **3rd Prize**—\$200 gift card to Country Side Meats. Winners will be drawn on Sunday, November 12th. Get in on the fun! Buy early and often!

Our Alpine ladies have been busy putting items back in the kitchen after the kitchen refurbish. **A cart of items found is in the narthex**. Please see if anything is yours. Items not claimed by August 13th will be donated to a good cause.

Youth Connect will be having a Bonfire Worship Wednesday, August 9th from 6-8 PM at Christ Lutheran Church. This is open to youth who are in high school or older. Come and try your hand in the homemade escape room. The game will be followed by snacks, fellowship, and worship.



2017 City-Wide Church Picnic: Join your fellow Christians from the Rockford area for a **Unity Picnic** on **Saturday, August 12^{th,} from 1-4 PM**. The picnic will be held at Camp Winnebago on North Main. Together we will build on last year's fun and fellowship, fun for all ages, and a way of getting to know each other as we worship one Lord.

Alpine Academy Holiday Sale is Saturday, October 28th from 9 AM to 4 PM. Vendors and crafters are needed. Cost is \$40 per space which includes tables and chairs., \$5 extra for electrical access. This is a annual fundraiser for the Academy. If you would like to be a part of this event, please contact Scott Dabson, 494-3002, or Jody Gowan, miss.jody@alpineacademyofrockford.com.

Financial Request: Please include your name and envelope number on all envelopes you turn in especially if you give cash. This allows us to record your giving for tax purposes. We thank you for supporting Alpine and our ministries!



"Happiness comes of the capacity to feel deeply, to enjoy simply, to think freely, to risk life, to be needed." - Storm Jameson



Katie's Cup hosts the **Katie's Choice Book Club** every **2nd Thursday of the month at 10 AM.** No reservations are necessary, just bring your copy of the book and join in the discussion. The book for August is "The Supremes at Earl's All-You-Can-Eat" by Edward Kelsey Moore. "Comparisons to 'The Help' and 'Fried Green Tomatoes at the Whistle Stop Café' are inevitable,

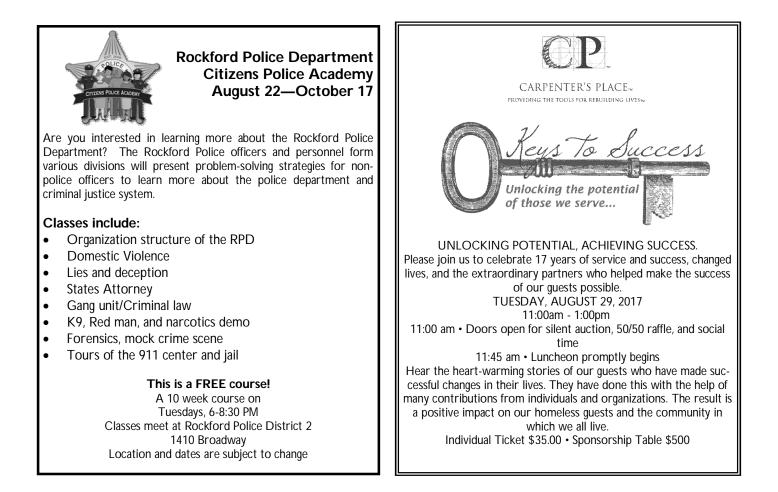
but Moore's take on the rowdy troupe of outspoken, lovable women has its own distinctive pluck." Publishers Weekly

The Royal Family Kids Camp is in need of some items. The Royal Family provides cam and mentoring for foster children in our community. They are looking for donations of toiletries: toothbrushes, full size toothpastes, toothbrush holders, travel size mouthwashes, travel size bottles of shampoo, bars of soap and soap holders. If you are able to assist with this list, please leave items in the barrel in the front vestibule.

With current **HIPAA laws**, the church is not informed by the hospital when you are admitted. Please ask a family member or friend to give the church a call to let us know. Swedish American is the only hospital that makes any calls to churches and that is only when you are admitted by your doctor, not through the emergency room.

Several of our congregation members no longer are able to drive to attend worship services and church events. We want to create a list of **members who are willing to pick someone up** and bring them to worship. Please call the office if you are able to assist in this area.

We currently have a **need for volunteers** at our Rockford location at **Northern Illinois Food Bank.** Here at Northern Illinois Food Bank we distribute food through 800 partner feeding sites to nearly 600,000 hungry neighbors a year in Northern Illinois. We couldn't do what we do without the help of volunteers to sort, pack, and label food in our warehouse. Our greatest need right now is in Rockford on Saturdays in August. We are reaching out to friends (groups and individuals!) in the Rockford area to see if you can assist us. August is a difficult month to get volunteers with summer schedules and vacations, but our neighbors are still hungry and the need is still there. We are grateful for any help that you can give. Families are welcome too (ages 8 and older)! The volunteer shifts are available all four Saturdays in August from 9am – noon and it's easy to sign up online or over the phone. Please call Amy Hettinger to set up a volunteer opportunity at (630)443-6910



Alpine Lutheran Church 5001 Forest View Ave. Rockford, IL 61108 alpinelutheran@comcast.net www.alpinelutheran.com Non-profit org U.S. Postage PAID Rockford, IL Permit #2653

RETURN SERVICE REQUESTED

Worship Times – Sun. 8:00 & 10:00 AM

See what Alpine has to offer you on the Web! alpinelutheran.com

THOSE WHO SERVE

Sun., August 13, 2017	Sun., August 20, 2017
Ushers: (8:00) Chuck Gentry, Glen McDonald,	Ushers: (8:00) Jim Anderson, Bob Fanello, Bryan
Dale Olson, Volunteer	Garrett, Kathy Mund
(10:00) Jack Lucas, Marge Rakoczy, Volunteers	(10:00) Russ Hornbeck, Dick Nelson, Mike Schultz,
Ambass.: (8:00) Bill & Diane Billert	Brandon Williams
(10:00) David Linde, John Linde	Ambass.: (8:00) Jan Anderson, Carole Rogers
Elements: (8:00) Alan & Marlene Garrett	(10:00) Bill & Pam Frey
(10:00) Mark & Christine Stohle	Elements: (8:00) David & Laura DeNale
Lector: (8:00) Bob Fanello (10:00) Becky Toro	(10:00) Bob & Violet Peterson
Lay Assist: (8:00) Bob & Lori Fanello	Lector: (8:00) Pam Lojewski (10:00) Bob Peterson
(10:00) Bea Lundgren, Nancy Matthews	Lay Assist: (8:00) Pam Lojewski, Tonya Mund
Altar Guild: Kathy Mund, Sarah Neumann	(10:00) Zada Gillette, Rashad Hoel
Praise Singers: Ted Croisant, Jaime Doubek, Bob	Altar Guild: Laurel McVinnie, Cary Ralston
McVinnie	Praise Singers: Chuck & Lynn Valentine